Water Quality Improvement Plan for

Lake of the Hills

Scott County, Iowa

Total Maximum Daily Load for Algae and Turbidity



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General Report Summary

What is the purpose of this report?

This report serves multiple purposes. First, it is a resource for increased understanding of watershed and water quality conditions in and around Lake of the Hills. Second, it satisfies the Federal Clean Water Act requirement to develop a Total Maximum Daily Load (TMDL) for impaired waterbodies. Third, it provides a foundation for locally-driven watershed and water quality improvement efforts. Finally, it may be useful for obtaining financial assistance to implement projects to remove Lake of the Hills from the federal 303(d) list of impaired waters.

What's wrong with Lake of the Hills?

Lake of the Hills is listed as impaired on the 2014 303(d) list for not supporting its primary contact recreation designated use. The impairment is due to elevated levels of algae and turbidity, which is caused by overly-abundant nutrients, particularly phosphorus, in the lake.

What is causing the problem?

The amount of phosphorus transported to the lake from the surrounding watershed is sufficient to cause excessive growth of algae, which reduces water clarity. Phosphorus is carried to the lake in two primary forms: (1) attached to eroded soil that is transported to the lake by rainfall runoff and stream flow, and (2) dissolved phosphorus in runoff and subsurface flow (e.g., shallow groundwater). There are no permitted point sources of phosphorus in the Lake of the Hills watershed; therefore all phosphorus loads to the lake are attributed to nonpoint sources.

Nonpoint sources are discharged in an indirect and diffuse manner, and often are difficult to locate and quantify. Nonpoint sources of phosphorus in the Lake of the Hills watershed include sheet and rill erosion from various land uses, runoff and subsurface flows from lands that receive manure or fertilizer application, stream and gully erosion, poorly functioning septic systems, manure deposited by wildlife, urban stormwater, and particles carried by dust and wind (i.e., atmospheric deposition). A portion of the phosphorus carried to the lake eventually settles to the lake bottom and accumulates. Under certain conditions, this accumulated phosphorus can become available for algal uptake and growth through an internal recycling process; although internal loading was not found to be a significant source of phosphorus in Lake of the Hills.

What can be done to improve Lake of the Hills?

Reducing phosphorus loss from row crops and implementing or improving existing structural BMPs such as terraces, grass waterways, and constructed sediment basins in beneficial locations will significantly reduce phosphorus loads to the lake. Special attention should be given to row crops on steep slopes, where the adoption of cover crops or perennial strips may be especially beneficial. Also, restoring watershed hydrology to mitigate streambank and gully erosion is challenging to implement, but an effective strategy for reducing sediment and phosphorus transport. Increasing the sediment

trapping efficiency of the existing upstream lakes may be the most cost effective structural alternative.

Who is responsible for a cleaner Lake of the Hills?

Everyone who lives, works, or recreates in the Lake of the Hills watershed has a role in water quality improvement. Nonpoint source pollution is unregulated and responsible for the vast majority of sediment and phosphorus entering the lake. Therefore, voluntary management of land, animals, and the lake itself will be required to achieve measurable improvements to water quality. Many of the practices that protect and improve water quality also benefit soil fertility and structure, the overall health of the agroecosystem, and the value and productivity of the land. Practices that improve water quality and enhance the long-term viability and profitability of agricultural production should appeal to producers, land owners, and lake users alike. Improving water quality in Lake of the Hills, while also improving the quality of the surrounding land, will require collaborative participation by various stakeholder groups, with land owners playing an especially important role. Additionally, those looking to develop sites within the Lake of the Hills watershed should recognize the impact of improved water quality property values.

Does a TMDL guarantee water quality improvement?

The Iowa Department of Natural Resources (DNR) recognizes that technical guidance and support are critical to achieving the goals outlined in this Water Quality Improvement Plan (WQIP). The TMDL itself is only a document, and without implementation, will not improve water quality. Therefore, a basic implementation plan is included for use by local agencies, watershed managers, and citizens for decision-making support and planning purposes. This implementation plan should be used as a guide or foundation for detailed and comprehensive planning by local stakeholders.

Reducing pollutants from unregulated nonpoint sources requires voluntary implementation of best management practices. Many solutions have benefits to soil health and sustained productivity as well as water quality. However, quantifying the value of those ecosystem services is difficult, and those benefits are not commonly recognized. Consequently, wide-spread adoption of voluntary conservation practices is often difficult to achieve. A coordinated watershed improvement effort for Lake of the Hills and surrounding lakes could address some of these barriers by providing financial assistance, technical resources, and information/outreach to landowners to encourage and facilitate adoption of conservation practices.

What are the primary challenges for water quality implementation?

In most Iowa landscapes, implementation requires changes in land management and/or agricultural operations. Management decisions may include changes in the number of acres that are actively tilled and the diversity and rotation of crops produced. These changes present challenges to producers by requiring new equipment (e.g., no-till planters), narrowing planting, harvesting and fertilization windows, and necessitating more active and complex farm management.

Additionally, potential short-term losses in yields are more easily recognized and quantified than long-term benefits to soil health and sustained productivity. It is not easy to overcome existing incentives and the momentum of current practices. Promoting a longer-term view with an emphasis on long-term soil fertility, production, agroecosystem health, and reduced input costs will be essential for successful, voluntary implementation by willing conservation partners. However, water quality improvement and enhancement of Lake of the Hills as a recreational resource are certainly attainable goals, and are appropriate and feasible near-term goals for a coordinated watershed improvement effort.

The Lake of the Hills watershed also has an above average percent of landuse devoted to residential and commercial development. Careful consideration on the water quality impacts of future developments will be needed by Scott County officials and administrators.

| water Quality Improvement Plan | Technical Elements of the TMDL |
|--|---|
| Technical Elements of the TMDL | |
| Name and geographic location of the impaired or threatened waterbody for which the TMDL is being established: | Lake of the Hills, Waterbody ID IA 01-NEM-00160-L_0, located in S25, T78N, R2E, 1/4 mile W of Davenport |
| Surface water classification and designated uses: | A1 – Primary contact recreation B(LW) – Aquatic life HH – Human health (fish consumption) |
| Impaired beneficial uses: | A1 |
| TMDL priority level: | Tier I |
| Identification of the pollutants and applicable water quality standards (WQS): | Class A1, primary contact recreation, is impaired due elevated levels of chlorophyll-a (algae) and related algal turbidity |
| Quantification of the pollutant loads that may be present in the waterbody and still allow attainment and maintenance of WQS: | Excess algae are associated with total phosphorus (TP). The allowable average annual TP load = 1,144 lbs/year; the maximum daily TP load = 12.5 lbs/day. |
| Quantification of the amount or degree by which the current pollutant loads in the waterbody, including the pollutants from upstream sources that are being accounted for as background loading, deviate from the pollutant loads needed to attain and maintain WQS: | The existing growing season load of 4,758 lbs/year must be reduced by 3,614 lbs/year to meet the allowable TP load. This is a reduction of 76.0 percent. |
| Identification of pollution source categories: | There are no regulated point source discharges of phosphorus in the watershed. Nonpoint sources of phosphorus include streambank and gully erosion, fertilizer and manure from row crops, sheet and rill erosion, livestock grazing near streams, wildlife, septic systems, atmospheric deposition, and others. |
| Wasteload allocations (WLAs) for pollutants from point sources: | There are no allowable point source discharges. |
| Load allocations (LAs) for pollutants from nonpoint sources: | The allowable annual average TP LA is 1,030 lbs/year, and the allowable maximum daily LA is 11.3 lbs/day. |

| A margin of safety (MOS): | An explicit 10 percent MOS is incorporated into this TMDL. | |
|---|--|--|
| Consideration of seasonal variation: | The TMDL is based on annual TP loading. Although daily maximum loads are provided to address legal uncertainties, the average annual loads are critical to in-lake water quality and lake/watershed management decisions. | |
| Reasonable assurance that load and wasteload allocations will be met: | Because there are no regulated point source discharges and the WLA is zero, reasonable assurance is not applicable. | |
| Allowance for reasonably foreseeable increases in pollutant loads: | Although residential development may continue in the future, an increase in the pollutant load from land use change is not expected. Future urban development will route sanitary flow out of watershed | |
| Implementation plan: | An implementation plan is outlined in Section 4 of this Water Quality Improvement Plan. Phosphorus loading and associated impairments must be addressed through a variety of voluntary management strategies and structural practices. | |

1. Introduction

The Federal Clean Water Act requires all states to develop lists of impaired waterbodies that do not meet water quality standards (WQS) and support designated uses. This list of impaired waterbodies is referred to as the state's 303(d) list. In addition to developing the 303(d) list, a Total Maximum Daily Load (TMDL) must be developed for each impaired waterbody included on the list. A TMDL is a calculation of the maximum amount of a pollutant that a waterbody can tolerate without exceeding WQS and impairing the waterbody's designated uses. The TMDL calculation is represented by the following general equation:

 $TMDL = LC = \Sigma WLA + \Sigma LA + MOS$

Where: TMDL = total maximum daily load

LC = loading capacity

 Σ WLA = sum of wasteload allocations (point sources) Σ LA = sum of load allocations (nonpoint sources) MOS = margin of safety (to account for uncertainty)

One purpose of this Water Quality Improvement Plan (WQIP) for Lake of the Hills, located in Scott County in eastern Iowa, is to provide a TMDL for algae and turbidity, which have decreased water quality in the lake. Another purpose is to provide local stakeholders and watershed managers with a tool to promote awareness and understanding of water quality issues, develop a comprehensive watershed management plan, obtain funding assistance, and implement water quality improvement projects. Over-abundance of phosphorus is largely responsible for excessive algal growth, which impairs primary contact recreation (e.g., swimming, wading) in Lake of the Hills. The impairments are addressed by development of a TMDL that limits total phosphorus (TP) loads to the lake. Phosphorus reductions should be accompanied by reduced algal growth and increased water clarity.

The plan also includes descriptions of potential solutions to the impairments. This group of solutions is presented as a toolbox of best management practices (BMPs) for improving water quality in Lake of the Hills, with the ultimate goal of meeting water quality standards and supporting designated uses. These BMPs are outlined in the implementation plan in Section 4.

The Iowa Department of Natural Resources (DNR) recommends a phased approach to watershed management. A phased approach is helpful when the origin, interaction, and quantification of pollutants contributing to water quality problems are complex and difficult to fully understand and predict. Iterative implementation of improvement practices and additional water quality assessment (i.e., monitoring) will help ensure gradual progress towards water quality standards, maximize cost efficiency, and prevent unnecessary or ineffective implementation of costly BMPs. Implementation guidance is provided in Section 4 of this report, and water quality monitoring guidance is provided in Section 5.

Introduction

This plan will be of limited value unless additional watershed improvement activities and BMPs are implemented. This will require the active engagement of local stakeholders and land owners. Experience has shown that locally-led watershed plans have the highest potential for success. The Watershed Improvement Section of DNR has designed this plan for stakeholder use and may be able to provide technical support for the improvement of water quality in Lake of the Hills.

2. Description and History of Lake of the Hills

Scott County was first settled in 1833, with an official public land survey of Iowa beginning in 1837. Deputy surveyors and their staff produced field notes and township maps for Scott County, noting at the time 99 percent of the land area was prairie, with intermittent oak-timber and marsh land. These maps and survey notes are one of the few primary sources regarding vegetation distribution before the dominant landuse changed to intensive agriculture.

Lake of the Hills and the surrounding lakes were built in 1975 when construction of Interstate 280 bypass of Davenport was completed. In addition to Lake of the Hills, four other lakes were created: Lake Lambach, Railroad Lake, Blue Grass Lake, and Lake Canyada. The first four are within the boundaries of the 620 acre West Lake Park, while Lake Canyada is privately owned and operated. West Lake Park is located 0.25 mi from the City of Davenport adjacent to Interstate 280. Public use includes fishing, boating, hiking, year-round camping, and shelter rentals. Annual numbers are upwards of 200,000 visitors, with the majority occurring between March and November. The Park also hosts an annual Quad Cities Triathlon, a USA Triathlon sanctioned event, with over 500 participants.

Table 2-1 lists some of the general characteristics of Lake of the Hills and its watershed, as it exists today. Figure 2-1 shows the vicinity map for the lake system and its watershed. Estimation of physical characteristics such as surface area, depth, and volume are based on a bathymetric survey conducted by DNR in 2015.

Table 2-1. Lake of the Hills watershed and lake characteristics

| DNR Waterbody ID | ID Code: IA 01-NEM-00160-L_0 |
|-------------------------------------|--|
| 12-Digit Hydrologic Unit Code (HUC) | 0708010106 |
| 12-Digit HUC Name | Kickapoo Slu – Mississippi River |
| Location | Scott County, S25, T78N, R2E |
| Latitude | 41.40° N (ambient lake monitoring location) |
| Longitude | 91.40° W (ambient lake monitoring location) |
| Designated Uses | A1 – Primary contact recreation B(WW-1) – Aquatic life |
| Designated Oses | HH – Human health (fish consumption) |
| Tributaries | Black Hawk Creek, unnamed tributary |
| Receiving Waterbody | Black Hawk Creek |
| Lake Surface Area | ¹ 54.4 acres (excludes upstream lakes) |
| Length of Shoreline | ¹ 12,360 feet |
| Shoreline Development Index | 2.25 |
| Maximum Depth | ¹ 22.8 feet |
| Mean Depth | ¹ 9.8 feet |
| Lake Volume | ¹ 538 acre-feet |
| Watershed Area | 1,683 acres (includes lake) |
| Watershed:Lake Ratio | 30:1 |
| Lake Residence Time | ² 97 days |

¹Per 2015 bathymetric survey and subsequent calculations

²BATHTUB model prediction for average annual conditions (2008-2012)

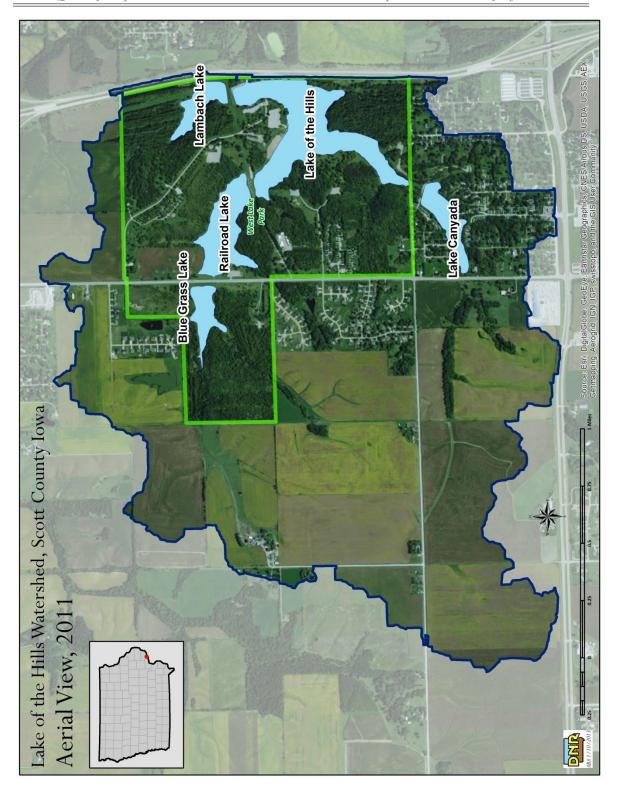


Figure 2-1. Vicinity Map

Water Quality History

A Rapid Assessment of Stream Conditions Along Length (RASCAL) procedure was completed by local residents and the Scott County Conservation Board (SCCB) on the Lake of the Hills watershed at targeted unnamed streams and heavily incised gullies. Results showed areas of heavy streambank and gully erosion in interfluvial regions draining to Blue Grass Lake and Lake Canyada. Lake surveying showed an average depth decrease in Blue Grass Lake from a maximum depth of 6.3 feet (ft) to a current maximum depth of 3.4 ft with an 80 percent decrease in storage from its original capacity.

The upstream lakes act as sediment traps, decreasing phosphorus exported to Lake of the Hills, but increasing sediment and phosphorus accumulation in Lake Lambach, Railroad Lake, Blue Grass Lake, and Lake Canyada. Other than monitoring and assessment at Lake of the Hills ambient location, there has been no water quality data collection for the upstream lakes.

2.1. Lake of the Hills

Hydrology

Lake of the Hills formed during construction of Interstate 280 when Black Hawk Creek was impounded and water from the creek backed up to form the lake. The upstream lakes flow into Lake of the Hills, and the outlet of Lake of the Hills discharges into Black Hawk Creek after passing under Interstate 280 via a triple 12' x 10' reinforced concrete box culvert (RCBC) outfall structure.

The National Weather Service (NWS) Cooperative Program (COOP) station in Muscatine, Iowa reports daily maximum and minimum temperature and precipitation. The Iowa State Climatologist provides quality control of these data, which are downloadable from the Iowa Environmental Mesonet (IEM, 2013a). Daily observations between January 1, 2001 and December 31, 2014 were used in climate assessment and model development. Daily potential evapotranspiration (PET) data were obtained for 2001-2013 from the Iowa Ag Climate Network, also downloadable from the IEM (IEM, 2013b). Table 2-2 reports weather station information.

Table 2-2. Weather station information for Lake of the Hills

| Data Temperature/Precipitation | | Potential ET | |
|--------------------------------|-------------------------|---------------------|--|
| Network | NWS COOP | ISU Ag Climate | |
| Station Name (ID) | Muscatine, IA (IA 5837) | Muscatine (A135849) | |
| Latitude | Latitude: 41.39° | 41.36° | |
| Longitude | Longitude: -91.07° | -91.13° | |

Average annual precipitation near Lake of the Hills was 39.3 inches from 2000-2013. Years 2007 through 2010 were, on average, much wetter than normal, with an annual average rainfall amount of 51.5 inches per year. These wetter than normal years coincide with several of the years of water quality data used to develop the 2014 Water Quality Assessment and 303(d) list and current impairment status of Lake of the Hills.

Conversely, years 2011-2012 were much drier than normal, with an annual average rainfall of 32.6 inches per year. Section 3.1 includes an assessment of potential relationships between precipitation and in-lake water quality. Figure 2-2 illustrates the annual precipitation totals, along with lake evaporation (estimated as 70 percent of annual PET). From 2000 to 2013, average annual precipitation exceeded lake evaporation by 5.7 inches (15 percent). However, the range of moisture surplus and deficit varied widely, with a 26.6-inch surplus in 2009, and a 14.2-inch deficit in 2005.

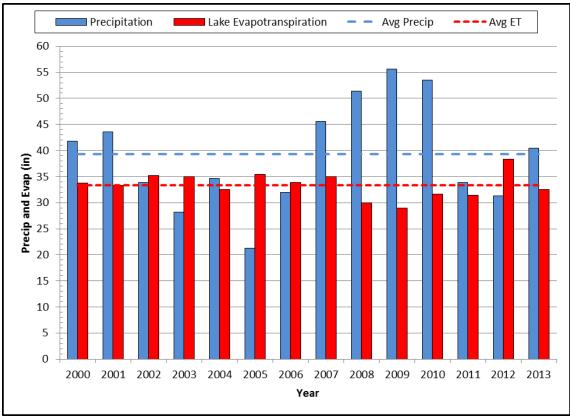


Figure 2-2. Annual precipitation and estimated lake evaporation

Precipitation varies greatly by season in central Iowa, with 67 percent of annual rainfall occurring between April and September. Monthly average precipitation (2000-2013) is illustrated in Figure 2-3, along with estimated evapotranspiration (ET) in the watershed. Although precipitation is highest during the growing season, so is ET, and a seasonal moisture deficit often occurs between June and September. Note that watershed ET is typically higher than lake evaporation in the summer months, a result of high temperatures and vegetation transpiring large volumes of moisture from the soil during the peak of the growing season. It is often during this period that harmful algal blooms develop in waterbodies, as water heats up and lake flushing is minimal.

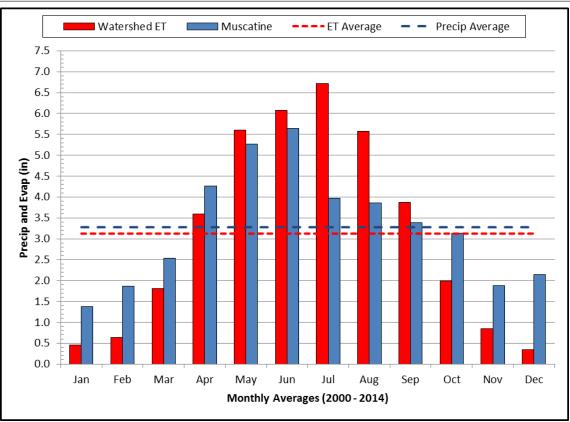


Figure 2-3. Monthly precipitation and estimated ET for the watershed

Rainfall runoff, direct precipitation, evapotranspiration, shallow groundwater flow, and deep aquifer recharge are all part of the lake's hydrologic system. Estimated residence time is based on annual precipitation and evaporation data, Spreadsheet Tool for Estimating Pollutant Load (STEPL) estimates of average annual inflow, and a water balance calculated within the BATHTUB model. The BATHTUB water balance calculation includes: inflows (from STEPL), direct precipitation, evaporation calculated from measured PET at Muscatine, Iowa and obtained from the Iowa State University Ag Climate Network on the Iowa Environmental Mesonet (IEM, 2013b), and lake morphometry.

During years of below average precipitation, residence time increases. In wet years, the opposite is true as residence time decreases. Such a low average residence time (97 days for average conditions) suggests that internal loading may not play a significant role in algal blooms, since the flushing rate is high compared with most Iowa lakes. However, during periods where the water stage falls below the spillway crest (in extreme dry weather), internal loading may be an important process.

Morphometry

According to the most current bathymetric data (2015), the surface area of Lake of the Hills is 54.4 acres, excluding the hydrologically connected upstream lakes (Lake Bluegrass, Railroad Lake, Lambach Lake, and Lake Canyada). These upstream lakes may remove some sediment (and associated phosphorus) from the main tributary that flows

into the lake, but their effectiveness would be greatly improved by removing accumulated sediment through dredging, especially in Blue Grass Lake. Estimated water volume of the main lake is 537.5 acre-feet (ac-ft), with a mean depth of 9.8 ft and a maximum depth of 22.8 ft in the east-central area of the lake. The reservoir, like most man-made stream impoundments, has an irregular shape, with a long and narrow northwest to southeast aspect in one arm, and a southwest to northeast aspect in the second arm. Evidence of sedimentation suggests that the watershed of Lake of the Hills has a large impact on water quality of the lake and upstream lakes. The significance of sediment (and associated phosphorus) loading from the watershed is further evidenced by the shoreline development index of 2.17, which is high. Values greater than 1.0 suggest the shoreline is highly dissected and indicative of a high degree of watershed influence (Dodds, 2000). High indexes are frequently observed in man-made reservoirs, and it is not surprising that watershed processes are critically important for the chemical, physical, and biological processes that take place in Lake of the Hills. Lake morphometry and bathymetry data are shown in Figure 2-4.

2.2. The Lake of the Hills Watershed

The watershed boundary of Lake of the Hills encompasses 1,683 acres (including all lakes) and is illustrated in Figure 2-1. The watershed-to-lake ratio of 30:1 is above the ideal condition of 20:1. However, there remains a high potential for successful lake restoration. Significant mitigation of watershed influence will be required, and in-lake techniques may have short effective life spans in the absence of extensive watershed improvements. A prudent watershed management strategy should focus on water quality improvement, problem areas that can be most easily addressed, and implementing alternatives that provide multiple benefits in addition to water quality, such as increased soil health, erosion reduction, and habitat enhancement. Watershed management and implementation strategies are discussed in more detail in Section 4 – Implementation Planning.

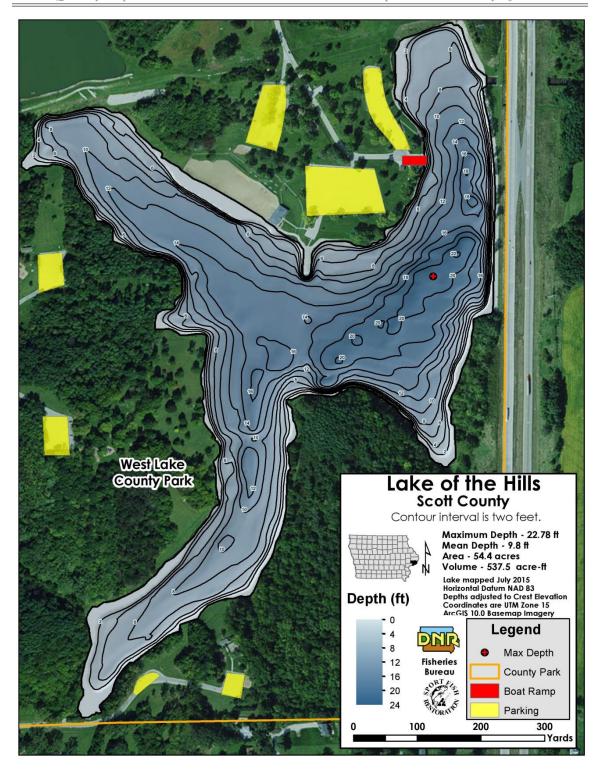


Figure 2-4. Bathymetric map of Lake of the Hills

Land Use

A Geographic Information System (GIS) coverage of land use information was developed using the Cropland Data Layer (CDL) for years 2009-2012, which was obtained from the United States Department of Agriculture – National Agricultural Statistics Service (USDA-NASS, 2013). The CDL land cover data is summarized by Common Land Units (CLUs). According to the USDA – Farm Service Agency, CLUs are the smallest units of land that have a permanent, contiguous boundary, common land cover, common owner, and common producer (USDA-FSA, 2013). Cropping decisions can change from year to year and several instances were observed where a single CLU had multiple land covers in the same year. In such cases, CLU boundaries were split to incorporate multiple land cover types. In addition to landuse, tillage and management information was collected by local watershed personnel via 2009 windshield survey of the watershed. Due to agricultural management operations in the watershed, areas with multiple land covers consisting of soybean and corn ground have been aggregated together under a "Row Crop" land cover. The high prevalence of crop rotations in the watershed verified from historical aerials indicates this is a valid assumption.

Analysis of historical aerial photography data reveals several trends. There is continued development of residential property around Lake of the Hills to the north and west where not bounded by the West Lake Park property line. Development of commercial space has increased in the southern portion of the watershed as well. These trends will be accounted for when future recommendations are made. There was a mobile home park active in the southeast corner of the watershed during the assessment period. The mobile home park has since been closed, but was incorporated into the TMDL models since it was a potential source during the assessment period.

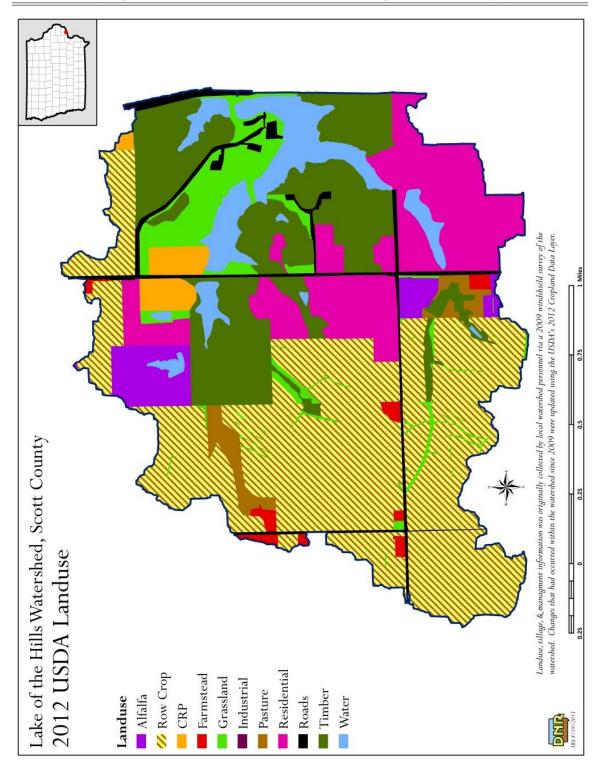


Figure 2-5. Lake of the Hills watershed land use map

Table 2-3. Land use composition of Lake of the Hills watershed

| Land Use | Area (acres) | Percent (%) |
|------------------------------|--------------|-------------|
| Row Crop (Corn and Soybeans) | 670.7 | 41.2 |
| ¹ Developed | 333.5 | 20.5 |
| Timber | 330.6 | 20.3 |
| ² Grassland | 139.2 | 8.6 |
| ³ Water | 64.0 | 3.8 |
| Pasture/Alfalfa | 91.0 | 5.6 |
| ³ Total area = | 1629.0 | 100.0 |

¹Includes urban areas, roads, and farmsteads

Soils, Climate, and Topography

The Lake of the Hills watershed is on the eastern edge of the Southern Iowa Drift Plain. This landscape consists of rolling hills of Wisconsin-age loess on Illinoian till. Numerous rills, creeks, and rivers branch out across the landscape shaping the old glacial deposits into steeply rolling hills and valleys (Prior, 1991). The Lake of the Hills watershed is just upland of the Mississippi River Alluvial Plain, but not directly influenced by the Mississippi River floodplain.

Six soils series dominate the lake of the Hills watershed, as shown in Figure 2-6 and Table 2-4. Of these, Downs, Gara, and Tama soils comprise 78 percent of the watershed area. The Downs series accounts for 56.8 percent and Tama series accounts for 9.3 percent of the watershed. These soils consist of very deep, well drained soils formed on loess. They tend to be associated with interfluves and upland side slopes that can form stream terraces. Slopes range from 2 to 35 percent across the watershed and can be moderately eroded. Gara series soils account for 11.9 percent of the watershed. This soil series consists of very deep, well drained soils that have formed in glacial till. Due to their lower position in the landscape and slopes ranging from 9 to 35 percent, they tend to be severely eroded.

Table 2-4. Predominant soils of the Lake of the Hills watershed

| Soil Name | Area (%) | Description of Surface Soil Layer | Typical Slopes (%) |
|--------------|-------------|---|--------------------------|
| Downs | 56.8 | Well-drained silt loam; eroded | 2-35 |
| Gara | 11.9 | Well-drained loam; moderately to severely eroded | 9-35 |
| Tama | 9.3 | Well-drained silty clay loam; eroded to moderately eroded | 2-14 |
| Atterberry | 6.4 | Somewhat poorly-drained silt loam | 0-5 |
| Muscatine | 4.5 | Somewhat poorly-drained silty clay loam | 0-5 |
| Timula | 2.4 | Well-drained silt loam; severely eroded | 9-18 |
| All others | 8.7 | varies | varies |

²Includes grassed waterways and conservation reserve programs

³Excludes 54.4 acres of Lake of the Hills

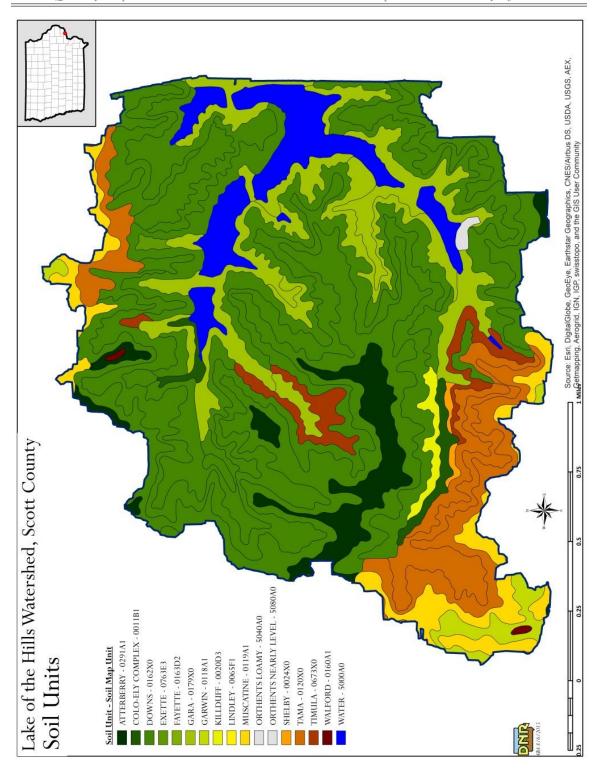


Figure 2-6. Lake of the Hills soil classification map

The topography consists of rolling hills with flat upland areas draining into steeper sloped valleys that transition from gully to stream as they feed into the lake system. Steep sloped areas tend to increase in proximity to the lakes near Lake of the Hills as the upland areas drain through ephemeral gullies and streams as shown in Figure 2-7. Fairly level upland plains have been utilized for row crop production owing to the relatively high corn suitability rating, an index based on soil characteristics that helps forecast crop productivity. There are few areas with slopes exceeding 18 percent, almost all of them immediately adjacent to the lake or the gullies and small streams surrounding it. Small areas above 25 percent slope near streambanks may indicate the extent of head cutting and streambank sloughing occurring in the Lake of the Hills watershed. Table 2-5 shows the percentage breakdown of slope classifications throughout the watershed.

Table 2-5. Slope classifications of the Lake of the Hills watershed

| Slope Class (%) | Area (%) | Description of Slope Class |
|--------------------|-------------|-----------------------------|
| 0 - 2 | 21.1 | Flat to very gently sloping |
| 2 - 5 | 16.0 | Gently sloping |
| 5 - 9 | 15.8 | Sloping |
| 9 -14 | 14.8 | Strongly sloping |
| 14 - 25 | 19.8 | Moderately steep |
| > 25 | 12.5 | Steep to very steep |
| Total | 100.0 | |

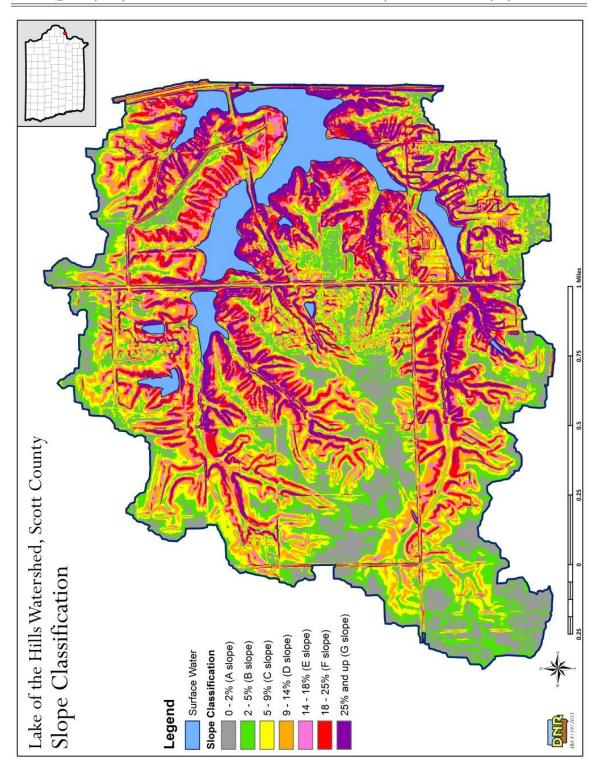


Figure 2-7. Slope classifications in the Lake of the Hills watershed

3. TMDL for Algae and Turbidity

A Total Maximum Daily Load (TMDL) is required for Lake of the Hills by the Federal Clean Water Act. This section of the Water Quality Improvement Plan (WQIP) quantifies the maximum amount of total phosphorus (TP) the lake can assimilate and still fully support primary contact recreation in Lake of the Hills, which is impaired by algae. This section includes an evaluation of Lake of the Hills water quality, documents the relationship between algae and TP in Lake of the Hills, and quantifies the in-lake target and corresponding TMDL.

3.1. Problem Identification

Lake of the Hills is a Significant Publicly Owned Lake, and is protected for the following designated uses:

- Primary contact recreation Class A1
- Aquatic life Class B(LW)
- Fish consumption Class HH

The 2014 Section 305(b) Water Quality Assessment Report states that primary contact recreation in Lake of the Hills is assessed (monitored) as "partially supported" due to elevated levels of chlorophyll-a (algae) that cause aesthetically objectionable conditions. The 2014 assessment is included in its entirety in Appendix H, and can be accessed at https://programs.iowadnr.gov/adbnet/assessment.aspx?aid=16284

Applicable Water Quality Standards

The State of Iowa Water Quality Standards (WQS) are published in the Iowa Administrative Code (IAC), Environmental Protection Rule 567, Chapter 61 (http://www.legis.iowa.gov/DOCS/ACO/IAC/LINC/Chapter.567.61.pdf) [Note: This link must be copied and pasted into a web browser]. Although the State of Iowa does not have numeric criteria for sediment, nutrients, or algae (chlorophyll-a), general (narrative) water quality criteria below do apply:

61.3(2) General water quality criteria. The following criteria are applicable to all surface waters including general use and designated use waters, at all places and at all times for the uses described in 61.3(1) "a."

- a. Such waters shall be free from substances attributable to point source wastewater discharges that will settle to form sludge deposits.
- b. Such waters shall be free from floating debris, oil, grease, scum and other floating materials attributable to wastewater discharges or agricultural practices in amounts sufficient to create a nuisance.
- c. Such waters shall be free from materials attributable to wastewater discharges or agricultural practices producing objectionable color, odor or other aesthetically objectionable conditions.

- d. Such waters shall be free from substances attributable to wastewater discharges or agricultural practices in concentrations or combinations which are acutely toxic to human, animal, or plant life.
- e. Such waters shall be free from substances, attributable to wastewater discharges or agricultural practices, in quantities which would produce undesirable or nuisance aquatic life.

For 303(d) listing purposes, aesthetically objectionable conditions are present in a waterbody when Carlson's Trophic State Index (TSI) for the median growing season chlorophyll-a or Secchi depth exceeds 65 (DNR, 2008). In order to de-list the algae and turbidity impairments for Lake of the Hills, the median growing season chlorophyll-a TSI and Secchi depth TSI must not exceed 63 in two consecutive listing cycles, per DNR delisting methodology. A chla-a TSI value of 63 corresponds to a chlorophyll-a concentration of 27 micrograms per liter. A Secchi depth TSI of 63 corresponds with a Secchi depth of 0.8 m.

Problem Statement

Lake of the Hills is impaired because primary contact recreation is not fully supported due to violations of WQS. High levels of algal production and algal turbidity fueled by phosphorus loads to the lake cause the impairment. TP loads must be reduced in order to reduce algae and turbid conditions to fully support the lake's designated uses.

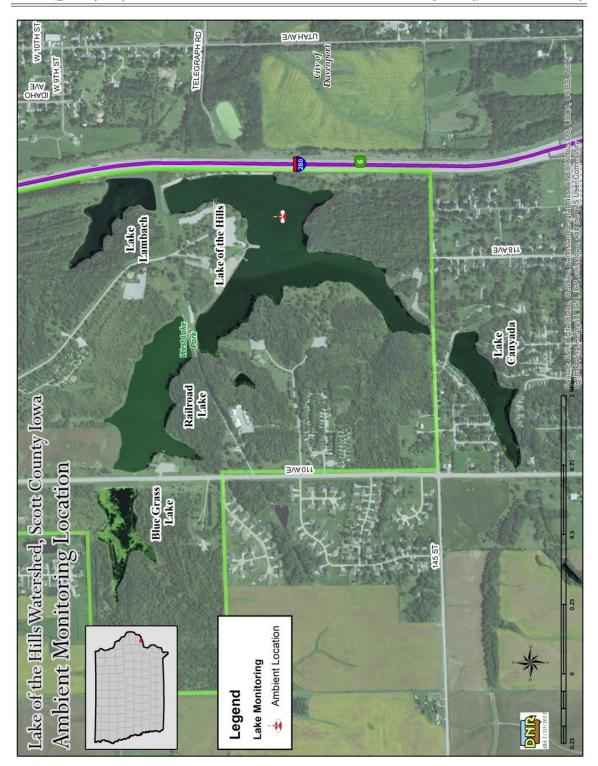
Data Sources

Sources of data used in the development of this TMDL include those used in the 2014 305(b) report, several sources of additional water quality data, and non-water quality related data used for model development. Sources include:

- Results of statewide surveys of Iowa lakes sponsored by DNR and conducted by Iowa State University (ISU) from 2001-2014
- Water quality data collected by the State Hygienic Laboratory (UHL) at the University of Iowa from 2005-2008 as part of the Ambient Lake Monitoring Program and/or TMDL monitoring
- Precipitation and PET data at Muscatine, Iowa, from the NWS COOP program (IEM, 2013a) and the ISU Ag Climate Network (IEM, 2013b), respectively
- 3-m Digital Elevation Model (DEM) available from DNR GIS library
- SSURGO soils data maintained by United States Department of Agriculture Natural Resource Conservation Service (USDA-NRCS)
- Aerial images (various years) collected and maintained by DNR
- Lake bathymetric data collected in 2015

Interpreting Lake of the Hills Data

The 2014 305(b) assessment was based on results of the ambient monitoring program conducted from 2008 through 2012 by ISU and UHL, and information from the DNR Fisheries Bureau. Assessment of in-lake water quality in this TMDL utilized UHL and ISU data from 2001-2014. All data was collected at the ambient monitoring location, which is shown in Figure 3-1. Development of the in-lake target, the TMDL, and



impairment status are based on data collected at this location, per DNR assessment methodology. In-lake water quality data is reported in Appendix C.

Figure 3-1. Ambient monitoring location for water quality assessment

Carlson's TSI was used to evaluate the relationships between TP, algae (chlorophyll-a), and transparency (Secchi depth) in Lake of the Hills. If the TSI values for the three parameters are the same, the relationships between the three are strong. If the TP TSI values are higher than chlorophyll TSI, it suggests there are limitations to algal growth besides phosphorus. Figure 3-2 illustrates each of the individual TSI values throughout the analysis period. TSI values that exceed the 303(d) listing threshold of 65 (for Secchi depth and chlorophyll-a) are in the red-shaded box on the top half of Figure 3-2. Data incorporated into the 2014 305(b) report is in the blue-shaded box (2008-2012) in Figure 3-2.

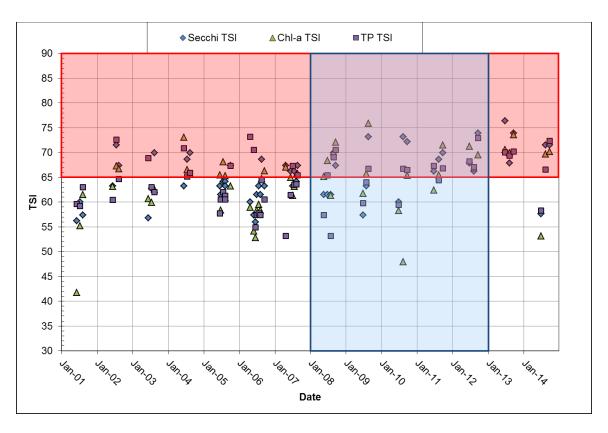


Figure 3-2. Growing season TSI values for individual samples (2001-2014)

Averaging the growing season TSI values for each year (2001-2014) results in overall TSI values of 65 for Secchi depth, 66 for chlorophyll-a, and 66 for phosphorus. The water clarity trend is negative, with increasing TSI values for Secchi depth, chlorophyll-a, and TP (Figure 3-3). Averaging growing season TSI values from data used in the 2014 Water Quality Assessment (2008-2012) results in TSI values of 66.1 for Secchi depth, 67.4 for chlorophyll-a, and 65.9 for TP. Note the strong correlation between Secchi, chl-a, and TP TSI values, which provides some evidence of the importance of phosphorus for algal growth.

Subsequent analyses show the link between the three indices of in-lake water quality. Figure 3-4 shows the relationship between total phosphorus and Secchi depth TSI values.

Figure 3-5 shows the relationship between chlorophyll-a and total phosphorus. Figure 3-6 shows the relationship between Secchi depth and total phosphorus. The strong correlation and R² values between the various TSI indices are summarized in Table 3-1 below. This indicates that targeting phosphorus reductions in the watershed may improve Secchi depth and chlorophyll-a TSI values in Lake of the Hills.

Table 3-1. TSI annual mean values and R² values when compared linearly

| TSI indicator | Total Phosphorus | Chlorophyll-a | |
|---------------|------------------|---------------|--|
| Secchi depth | 0.70 | 0.52 | |
| Chlorophyll-a | 0.51 | | |

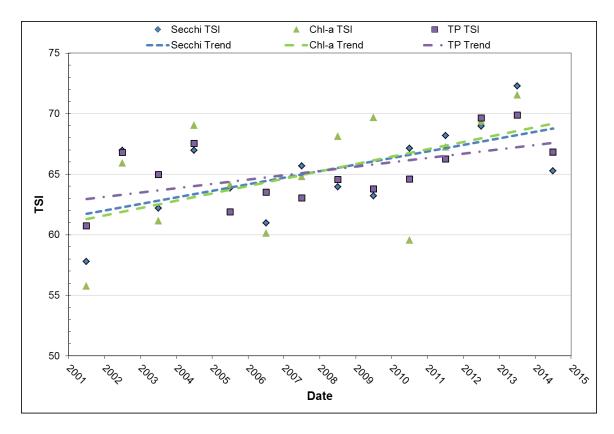


Figure 3-3. Growing season mean TSI values (2001-2014)

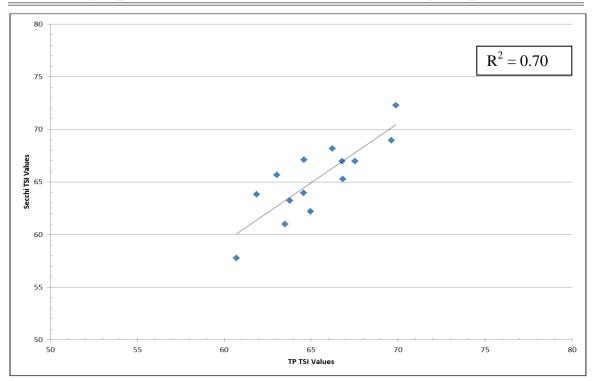


Figure 3-4. Annual mean TSI values for total phosphorus and Secchi depth

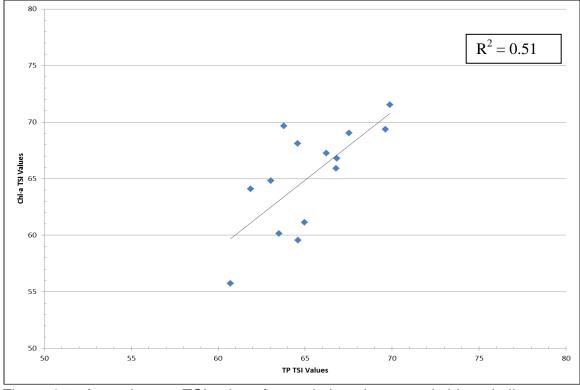


Figure 3-5. Annual mean TSI values for total phosphorus and chlorophyll-a

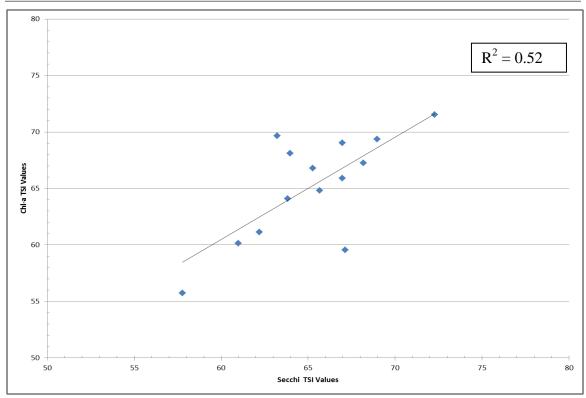


Figure 3-6. Annual mean TSI values for Secchi depth and chlorophyll-a

Figures 3-7 and 3-8 can be utilized to interpret differences (deviations) between Carlson's TSI values for TP, Secchi depth, and chlorophyll-a. Each quadrant of the chart indicates the potential factors that may limit algal growth in a lake. A detailed description of this approach is available in *A Coordinator's Guide to Volunteer Lake Monitoring Methods* (Carlson and Simpson, 1996). If the deviation between the chlorophyll-a TSI and TP TSI is less than zero (Chl TSI < TP TSI), the data point will fall below the X-axis.

Chlorophyll-a and TP TSI deviations are nearly evenly split between positive and negative deviations, with a slight majority (33 of 58 samples) lying above the x-axis in Figure 3-7. The central tendency of deviations forms an elliptical around of the dashed 1:1 line. These metrics are indicative of low non-algal turbidity levels and algal limitation that is caused by TP limitation, depending on conditions at the time the water quality sample was collected. The lack of evidence for widespread non-algal turbidity and high correlation between chl-a, TP, and Secchi depth show that targeting TP reductions should decrease chl-a levels and increase Secchi depth.

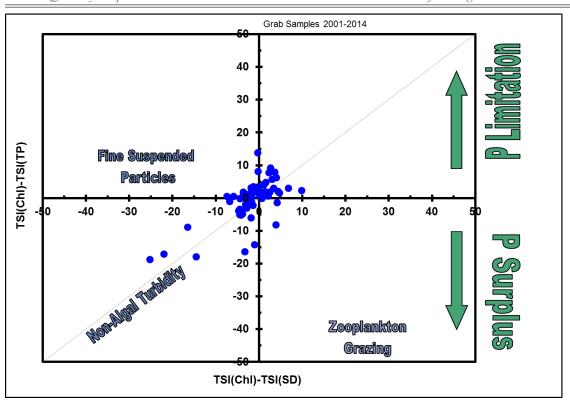


Figure 3-7. Phosphorus TSI deviations (2001-2014 grab samples)

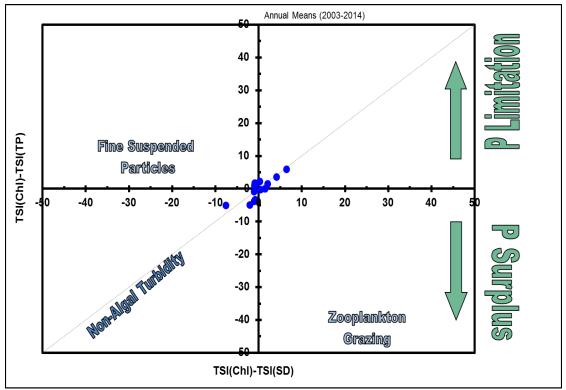


Figure 3-8. Phosphorus TSI deviations (2001-2014 annual averages)

Neither Secchi depth, chlorophyll-a, nor TP annual average TSI values show any correlation to annual or growing season precipitation (Figure 3-9). This analysis reveals that high chlorophyll-a and TP levels are observed in both wet and dry years, and that both conditions must be considered when developing the TMDL.

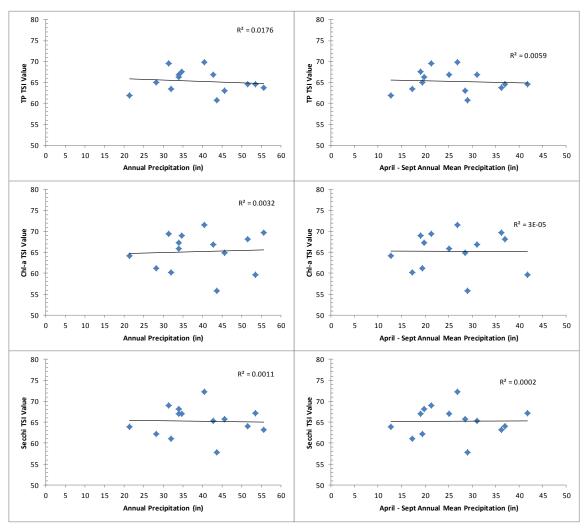


Figure 3-9. TSI values plotted against annual and growing season precipitation

Within lakes, the main two nutrients necessary for algal bloom development are nitrogen and phosphorus. When one nutrient is in short supply relative to the other, this nutrient supply will be exhausted first during growth. Once this nutrient is no longer available, growth is limited. Generally, in Iowa lakes, phosphorus is the limiting nutrient. Ratios of nitrogen to phosphorus can provide clues as to which nutrient is limiting growth in a given waterbody.

The overall TN:TP ratio in water quality samples from Lake of the Hills, using average growing season mean concentrations from 2001-2014, is 23. According to a study on blue-green algae dominance in lakes, ratios greater than 17 suggest a lake is phosphorus, rather than nitrogen, limited (MPCA, 2005). Carlson states that phosphorus may be a

limiting factor at TN:TP ratios greater than 10 (Carlson and Simpson, 1996). Ratios that fall between 10 to 17 are often considered "co-limiting," meaning either nitrogen or phosphorus is the limiting nutrient or light is limited due to high non-algal turbidity.

Analysis of the TN:TP ratio in Lake of the Hills samples reveals that the lake is P-limited 53 percent of the time and co-limited 37 percent of the time. Table 3.2 lists the mean TSI score for each nutrient limiting condition. The high total phosphorus TSI for N-limiting conditions seems to indicate an oversupply of phosphorus, rather than a limiting quantity of nitrogen. Mean chl-a values were the highest in co-limited and P-limited water quality conditions.

Table 3-2. TN:TP ratio summary in Lake of the Hills

| Samples Collected | # of Samples | N-limited (< 10) | Co-Limited (10-17) | P-limited (>17) |
|------------------------------|-----------------|---------------------|-----------------------|--------------------|
| All samples 2001-2014 | 49 | 5 (10%) | 18 (37%) | 26 (53%) |
| Samples with Chl-a TSI > 65 | 26 | 1 (4%) | 12 (46%) | 11 (52%) |
| Samples with Secchi TSI > 65 | 22 | 2 (9%) | 13 (59%) | 9 (32%) |

When the chl-a and / or Secchi TSI exceed 65, the lake is either P-limited or co-limited over 90 percent of the time. This analysis reveals that water quailty improvement via TP reduction is most feasible.

3.2. TMDL Target

General description of the pollutant

The 2014 305(b) assessment attributes poor water quality in Lake of the Hills to excess algae and algal turbidity, and the data interpretation described in Section 3.1 indicates phosphorus load reduction will best address the impairment. It will be important to continue to assess TSI values for chlorophyll-a and Secchi depth as phosphorus reduction practices are implemented. If phosphorus reductions are not accompanied by reductions in algal blooms and algal turbidity, then reductions of nitrogen may prove necessary to reduce algae to an acceptable level. However, phosphorus should be reduced first, as it is the primary limiting nutrient in algal growth. Additionally, reductions in nitrogen that result in nitrogen limitation favor growth of harmful cyanobacteria, which have the ability to fix nitrogen from the atmosphere. These bacteria, often referred to as blue-green algae, can emit cyanotoxins to the water, which can harm humans, pets, and wildlife if ingested.

Table 3-4 reports the simulated chlorophyll-a, TP, and Secchi depth at the ambient monitoring location for both existing and target conditions. In-lake water quality was simulated using the BATHTUB model, which is described in more detail in Appendix E. The chlorophyll-a TSI target of 63 complies with the narrative "free from aesthetically objectionable conditions" criterion and will result in delisting Lake of the Hills if attained in two consecutive 303(d) listing cycles. The Secchi depth TSI target is the TSI value that was modeled if TP loads are reduced to meet a chl-a TSI value of 63. Since the primary contact designated use is impaired due to algae and algal turbidity, both chl-a and Secchi

depth TDI values must be satisfied by the TMDL target. Note that TP values in Table 3-1 are not TMDL targets. Rather, they represent in-lake water quality resulting from TP load reductions required to obtain the chlorophyll-a and Secchi depth targets in Lake of the Hills.

Table 3-3. Existing and target water quality (ambient monitoring location)

| Parameter | 2008-2012 Mean | ¹ TMDL Target |
|---------------------|----------------|--------------------------|
| Secchi Depth | 0.65 m | 0.9 m |
| TSI (Secchi Depth) | 66 | 62 |
| Chlorophyll-a | 42.5 μg/L | 27 μg/L |
| TSI (Chlorophyll-a) | 67 | 63 |
| TP | 72.5 μg/L | 41 μg/L |
| TSI (TP) | 66 | 58 |

¹Target is chlorophyll-a and Secchi TSIs of 63 or less, TP coincidental

Selection of environmental conditions

The critical period for poor water clarity is the growing season (April through September). However, long-term phosphorus loads lead to buildup of phosphorus in the reservoir and can contribute to algal growth regardless of when phosphorus first enters the lake. Therefore, both existing and allowable TP loads to Lake of the Hills are expressed as annual averages. Phosphorus loads are also expressed as daily maximums to comply with EPA guidance.

Waterbody pollutant loading capacity (TMDL)

This TMDL establishes chlorophyll-a and Secchi depth TSI targets of 63 using analysis of existing water quality data and Carlson's trophic state index methodology. The allowable TP loading capacity was developed by performing water quality simulations using the BATHTUB model. BATHTUB is a steady-state water quality model that performs empirical eutrophication simulations in lakes and reservoirs (Walker, 1999). The BATHTUB model was calibrated to water quality data collected by ISU and UHL from 2008 through 2012, consistent with the assessment period for the 2014 305(b) report. The BATHTUB model is driven by weather, lake morphometry (i.e., size and shape), watershed hydrology, and sediment and nutrient loads predicted by the STEPL model. STEPL utilizes simple equations to predict sediment and nutrient loads from various land use and animal sources, and includes a tool that estimates potential sediment and nutrient reductions resulting from implementation of Best Management Practices (BMPs). STEPL input included local soil, land use, and climate data. A detailed discussion of the parameterization and calibration of the STEPL and BATHTUB models is provided in Appendices D through F.

The annual TP loading capacity was obtained by adjusting the TP loads in the calibrated BATHTUB model until the target chlorophyll-a and Secchi depth TSIs no greater than 63 were attained for the lake segment in which ambient monitoring data is collected. The load response curve from the BATHTUB model output is illustrated in Figure 3-10. The annual loading capacity of Lake of the Hills is set at 519 kg/yr (1,144 lbs/yr).

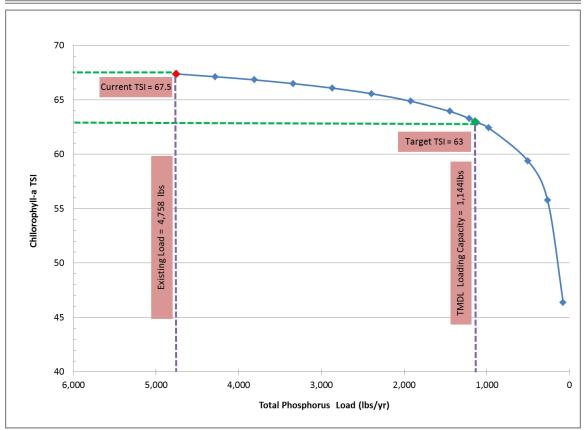


Figure 3-10. Simulated load response between chlorophyll-a TSI and TP load

In November of 2006, The U.S. Environmental Protection Agency (EPA) issued a memorandum entitled *Establishing TMDL "Daily" Loads in Light of the Decision by the U.S. Court of Appeals for the D.C. circuit in Friends of the Earth, Inc. v. EPA, et al., No. 05-5015, (April 25, 2006) and Implications for NPDES Permits.* In the context of the memorandum, EPA

"...recommends that all TMDLs and associated load allocations and wasteload allocations include a daily time increment. In addition, TMDL submissions may include alternative, non-daily pollutant load expressions in order to facilitate implementation of the applicable water quality standards..."

As recommended by EPA, the loading capacity of Lake of the Hills for TP is expressed as a daily maximum load, in addition to the annual loading capacity of 1,144 lbs/year. The annual average load is applicable to the assessment of in-lake water quality and water quality improvement actions, while the daily maximum load satisfies EPA's recommendation for expressing the loading capacity as a daily load.

The maximum daily load was estimated from the growing season average load using a statistical approach that is outlined in more detail in Appendix G. This approach uses a log-normal distribution to calculate the daily maximum from the long-term (e.g., seasonal) average load. The methodology for this approach is taken directly from a follow-up guidance document entitled *Options for Expressing Daily Loads in TMDLs*

(EPA, 2007), and was issued shortly after the November 2006 memorandum cited previously. This methodology can also be found in EPA's 1991 *Technical Support Document for Water Quality Based Toxics Control*. Using the approach, the annual loading capacity of 1,144 lbs/yr is equivalent to an average daily load of 3.1 pounds per day (lbs/day) and a maximum daily load of 12.5 lbs/day.

Decision criteria for WQS attainment

The narrative criteria in the water quality standards require that Lake of the Hills be free from "aesthetically objectionable conditions." The metrics for WQS attainment for delisting the impairments are chlorophyll-a and Secchi depth TSIs of 63 or less in two consecutive 303(d) listing cycles. This TSI target corresponds to a chlorophyll-a concentration of no greater than 27 µg/L and a Secchi depth no less than 0.8 m.

Compliance point for WQS attainment

The TSI target for listing and delisting of Lake of the Hills is measured at the ambient monitoring location shown in Figure 3-1. For modeling purposes, the lake system was divided into multiple segment groups, one for each individual lake (see Figure E-2 of Appendix E). To maintain consistency with other Clean Water Act programs implemented by the Iowa DNR such as the 305(b) assessment and 303(d) listing process, the TMDL target is based on water quality of Segment 1, which best represents the ambient monitoring location in Lake of the Hills.

3.3. Pollution Source Assessment

Existing load

Average annual simulations of hydrology and pollutant loading were developed using the STEPL model (Version 4.1). STEPL was developed by Tetra Tech, for the US EPA Office of Wetlands, Oceans, and Watersheds (OWOW), and has been utilized extensively in the United States for TMDL development and watershed planning. Model description and parameterization are described in detail in Appendix D.

Using STEPL and BATHTUB to simulate annual average conditions between 2008 and 2012, the annual TP load to Lake of the Hills was estimated to be 4,758 lbs/yr. This load assumes that the upstream lakes remove 30 to 50 percent per basin of the phosphorus entering from the watershed. The simulation period (for existing conditions) is the same as the assessment period (for the 2014 Integrated Report). This period was relatively wet, with only two years (2011 and 2012) of the five-year span having below average precipitation. Because these conditions are reflected in the water quality assessment, this period was determined to be most appropriate for development of the numeric TMDL.

Departure from load capacity

The TP loading capacity for Lake of the Hills is 1,144 lbs/yr and 12.5 lbs/day (maximum daily load). To meet the target loads, an overall reduction of 76 percent of the TP load is required. The implementation plan included in Section 4 describes potential BMPs, potential TP reductions, and considerations for targeted selection and location of BMPs.

Identification of pollutant sources

The existing TP load to Lake of the Hills is entirely from nonpoint sources of pollution. Table 3-4 reports estimated annual average TP loads to the lake from all known sources, based on the STEPL simulation of average annual conditions from 2008-2012. The predominant sources of phosphorus to Lake of the Hills include erosion from streambanks and gullies, in addition to erosion from land in row crop production. Row crops comprise 41.2 percent of the land area of the watershed (Table 2-3), and 29.0 percent of the phosphorus load to the lake (Figure 3-11 and Table 3-4). Stream and gully formations contribute 36.5 percent of the phosphorus load to the watershed. Other contributing sources of phosphorus include developed areas such as roads, residential, and other urban areas (11.3 percent); erosion and runoff from pasture (7.8 percent); and septic systems in the watershed (9.0 percent).

Septic services from West Lake Park are routed to a treatment plant east of Highway 280 where a package plant and lagoon discharge treated effluent to Black Hawk Creek. Pit and latrine toilets are pumped as needed and delivered to the treatment plant or routed out of the Lake of the Hills watershed. The mobile home park situated around Lake Canyada routed sanitary sewage to the facility east of Highway 280 during the assessment period (2008-2012) up until 2015 when the mobile home park was disconnected from sewer service. The mobile home park was a significant source of infiltration and inflow during the assessment period, but has ceased to contribute sanitary discharge at this time.

Internal recycling of phosphorus in the lake was not explicitly simulated or calculated, because predicted phosphorus loads to the lake from the watershed were large enough to fully account for observed water quality in the lake. The BATHTUB model empirically and indirectly accounts for low to moderate levels of internal loading without the addition of an internal loading input to the model. In lakes with substantial internal loading issues, inclusion of additional internal load inputs is sometimes necessary, but that was not the case for Lake of the Hills. The moderate flushing rate, which stems from the large watershed-to-lake ratio of 30-to-1, likely contributes to the low significance of internal loading in Lake of the Hills. However, internal recycling of phosphorus may be important in extremely dry conditions, typically late in the growing season, when the water level falls below the spillway crest, creating a stagnant pool in the reservoir. Reduction of internal lake loads is still thought to be a valid water quality improvement alternative, but watershed loads are more critical to long-term water quality in the lake.

Allowance for increases in pollutant loads

There is no allowance for increased phosphorus loading included as part of this TMDL. A majority of the watershed is in agricultural row crop production, and is likely to remain in cropland in the future. Any future residential development may contribute similar sediment loads and therefore will not increase phosphorus to the lake system. West Lake Park, which circumscribes the lake, is unlikely to undergo significant land use changes. There are currently no incorporated unsewered communities in the watershed; therefore it is unlikely that a future WLA would be needed for a new point source discharge. Any significant development in or around the Lake Canyada subwatershed will route sewer effluent out of the watershed to be treated.

Table 3-4. Average annual TP loads from each source (2008-2012)

| Source | Descriptions and Assumptions | TP Load (lb/yr) | Percent (%) |
|-------------------|--|-----------------------|----------------|
| Streambank, gully | Stream bank and ephemeral gullies | 1,727 | 36.5 |
| Row Crops | Corn and soybeans | 1,383 | 29.0 |
| Developed | Urban areas, roads, and farmsteads | 544 | 11.3 |
| Septic Systems | Private wastewater systems, infiltration/inflow from deficient systems | 427 | 9.0 |
| Pasture | Includes grazed grassland | 368 | 7.8 |
| Timber/Forest | Ungrazed timber, including shrub/scrub | 136 | 2.8 |
| Grassland | Non-grazed grassland, CRP | 65 | 1.3 |
| All others | All others Wildlife, groundwater, atmospheric deposition | | 2.3 |
| Total | | 4,758 | 100.0 |

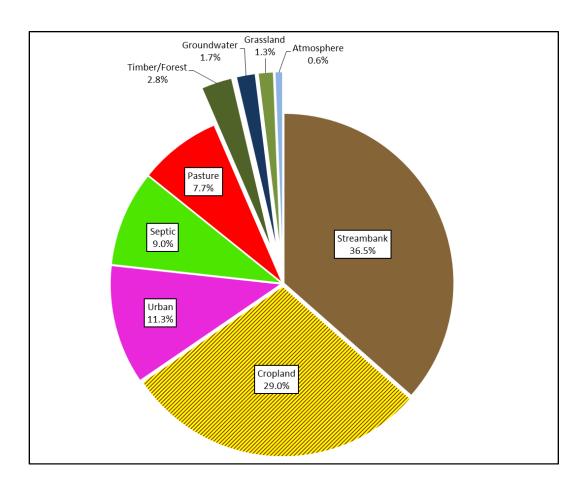


Figure 3-11. Relative TP loads by source

3.4. Pollutant Allocation

Wasteload allocation

There are no permitted point source dischargers of phosphorus in the Lake of the Hills watershed.

Load allocation

Nonpoint sources of phosphorus to Lake of the Hills include erosion of streambank of gully sources, erosion and loss of manure and fertilizer from land in row crop production, erosion and manure from pasture and other grasslands, erosion from timber/wooded areas, transport from developed areas (roads, residences, etc.), wildlife defecation, and atmospheric deposition (from dust and rain). Septic systems in this watershed, which are not regulated or permitted under the Clean Water Act, but can fail or drain illegally to ditches, also contributed significant phosphorus to the lake during the assessment period. Changes in agricultural land management, implementation of structural best management practices (BMPs), repair or replacement of failing septic systems, and in-lake restoration techniques can reduce phosphorus loads and improve water quality in Lake of the Hills. Based on the inventory of sources, management and structural practices targeting erosion of streambanks and gullies and land in row crop production offer the largest potential reductions in TP loads.

Table 3-5 shows an example load allocation scenario for the Lake of the Hills watershed that meets the overall TMDL phosphorus target. The LA is 1,030 lbs/year, with a maximum daily LA of 11.3 lbs/day. The daily maximum LA was obtained by subtracting the daily WLA and daily MOS from the statistically-derived TMDL (as described in Section 3.2 and Appendix G). The specific reductions shown in Table 3-5 are not required, but provide one of many possible combinations of reductions that would achieve water quality goals.

Table 3-5. Example load allocation scheme to meet target TP load

| TP Source | Existing Load (lb/year) | LA (lb/year) | NPS Reduction (%) |
|-------------------------|-------------------------|-----------------|----------------------|
| Streambank, gully | 1,727 | 173 | 90 ² |
| Row Crops | 1,383 | 138 | 90 ² |
| Developed | 544 | 245 | 55 |
| Septic Systems | 427 | 85 | 80 |
| Pasture | 368 | 184 | 50 |
| Timber/Forest | 136 | 67 | 50 |
| Grassland | 65 | 30 | 55 |
| ¹ All others | 108 | 108 | 0 |
| Total | 4,758 | 1,030 | 78% |

¹Atmospheric contributions, direct lake contributions by waterfowl

Margin of safety

To account for uncertainties in data and modeling, a margin of safety (MOS) is a required component of all TMDLs. An explicit MOS of 10 percent (114 lbs/year, 1.25 lbs/day)

²Targeted dredging of upstream lakes may be necessary to achieve reductions listed

was utilized in the development of this TMDL. These uncertainties may include the water quality in the lakes upstream of Lake of the Hills, some of which may be sources or sinks of pollutants, depending on the time of year and climate conditions. Further monitoring will provide insight, which can improve the level of uncertainty in the lake system.

Reasonable Assurance

Under current EPA guidance, when a TMDL is developed for waters impaired by both point and nonpoint sources, and the WLA is based on an assumption that nonpoint source load reductions will occur, the TMDL should provide reasonable assurance that nonpoint source control measures will achieve expected load reductions. An active and highly motivated watershed group led by West Lake Park staff have pursued outside help in drafting a watershed management plan (WMP). Funding from state, local, and private sources exist to help implement recommended changes in the WMP to reduce TP in the Lake of the Hills watershed. The leadership, plans, and funding opportunities show a reasonable assurance that non-point source load reductions will occur in the Lake of the Hills watershed.

3.5. TMDL Summary

The following general equation represents the total maximum daily load (TMDL) calculation and its components:

 $TMDL = LC = \Sigma WLA + \Sigma LA + MOS$

Where: TMDL = total maximum daily load

LC = loading capacity

 Σ WLA = sum of wasteload allocations (point sources)

 Σ LA = sum of load allocations (nonpoint sources)

MOS = margin of safety (to account for uncertainty)

Once the loading capacity, wasteload allocations, load allocations, and margin of safety have all been determined for the Lake of the Hills watershed, the general equation above can be expressed for the Lake of the Hills algae TMDL.

Expressed as the allowable annual average, which is helpful for water quality assessment and watershed management:

TMDL = LC =
$$\Sigma$$
 WLA (0 lbs-TP/year) + Σ LA (1,029.6 lbs-TP/year) + MOS (114.4 lbs-TP/year) = **1,144 lbs-TP/year**

Expressed as the maximum daily load:

TMDL = LC =
$$\Sigma$$
 WLA (0 lbs-TP/day) + Σ LA (11.29 lbs-TP/day) + MOS (1.25 lbs-TP/day) = **12.54 lbs-TP/day**

4. Implementation Planning

This implementation plan is not a requirement of the Federal Clean Water Act. However, the Iowa Department of Natural Resources (DNR) recognizes that technical guidance and support are critical to achieving the goals outlined in this Water Quality Improvement Plan (WQIP). Therefore, this implementation plan is included for use by local agencies, watershed managers, and citizens for decision-making support and planning purposes. The best management practices (BMPs) discussed are potential tools that will help achieve water quality goals if appropriately utilized. It is possible that only a portion of BMPs included in this plan will be feasible for implementation in the Lake of the Hills watershed. Additionally, there may be potential BMPs not discussed in this implementation plan that should be considered. This implementation plan should be used as a guide or foundation for detailed and comprehensive planning by local stakeholders.

Collaboration and action by residents, landowners, lake users, and local agencies will be essential to improve water quality in Lake of the Hills and support its designated uses. Locally-led efforts have proven to be the most successful in obtaining real and significant water quality improvements. Improved water quality results in economic and recreational benefits for people that live, work, and recreate in the watershed. Therefore, each group has a stake in promoting awareness and educating others about water quality, working together to adopt a comprehensive watershed improvement plan, and applying BMPs and land management changes in the watershed.

4.1. Previous Watershed Planning and Implementation

Since the development of the Lake of the Hills watershed in the 1970's, there has been continued work by landowners and public entities to ensure the viability and sustainability of the lake system. Agricultural producers have adopted terraces, grassed waterways, and more recently contour planting and conservation tillage practices. These practices help prevent and mitigate soil loss from the landscape, which can in turn decrease nutrient and pollutant loading to the lake system.

West Lake Park and the Scott County Conservation Board are working in conjunction with non-profit agencies like Pathfinders RC&D and private entities to develop a watershed management plan for the Lake of the Hills watershed. That plan has outlined work done in the watershed by the park to date, including fisheries stocking, and park ground development of BMPs. Regular maintenance of park facilities, trails, and grounds helps preserve the natural resources of the park.

4.2. Future Planning and Implementation

General Approach

Future watershed management and BMP implementation efforts in the Lake of the Hills watershed should utilize a phased approach. Given the watershed-to-lake ratio and the morphology of this lake system, attainment of existing water quality standards may not be attainable in all waterbodies in the watershed. Water quality improvement and

enhancement of Lake of the Hills as a recreational resource are certainly attainable goals. Efforts should be targeted to maximize benefits and minimize costs. Emphasis should be placed on non-structural water quality practices that increase infiltration (thereby reducing runoff and erosion), keep the soil covered with vegetation, and minimize direct inputs by livestock or other sources. Construction or improvement of the upstream lake system may be one structural practice worthy of investigation. Rehabilitation of Blue Grass Lake would provide sediment trapping capabilities that would protect Railroad Lake and Lake of the Hills

Projects with multiple benefits (e.g., wildlife habitat, soil conservation, and water quality) may do more to protect and preserve the use of Lake of the Hills for future generations than those focused solely on water quality. Additional funding avenues including, but not limited to Section 319 funds may help facilitate multiple-objective projects.

Timeline

Planning and implementation of future improvement efforts may take several years, depending on stakeholder interest, availability of funds, landowner participation, and time needed for design and construction of any structural BMPs. Realization and documentation of significant water quality benefits may take 5-10 years or longer, depending on weather patterns, amount of water quality data collected, and the successful selection, location, design, construction, and maintenance of BMPs. Given the relatively minor water quality response to previous implementation efforts in this watershed, sustained improvement may be a more appropriate short term goal than impairment delisting.

Tracking milestones and progress

This WQIP, including the proposed monitoring plan outlined in Section 5, would address several of the elements required for a nine-element plan approved by EPA for the use of 319 funds. Establishment of specific short, intermediate, and long-term water quality goals and milestones would also be needed to additional funding from available sources. A path to full attainment of water quality standards and designated uses must be included for most funding sources, but efforts should first focus on documenting water quality improvement resulting from BMPs and elimination of any phosphorus "hot spots" that may exist.

4.3. Best Management Practices

No stand-alone BMP will be able to sufficiently reduce phosphorus loads to Lake of the Hills. Rather, a comprehensive package of BMPs will be required to reduce sediment and phosphorus transport to the lake, which causes elevated algal growth and impairment of designated uses in Lake of the Hills. The majority of phosphorus that enters the lake is from erosion from streambank and gullies, and nutrient losses from lands in corn and soybean production. However, losses from developed areas, septic systems, and even grass and timber areas occur. Each of these sources has distinct phosphorus transport pathways and processes; therefore, each requires a different set of BMPs and strategies.

Other sources, although relatively small on an annualized basis, can have important localized and seasonal effects on water quality. It is important that all sources are considered to reduce phosphorus loads in the most comprehensive manner possible. Experience has shown that watershed projects that involve widespread "ownership" of potential solutions have the best chance of success. At the same time, resources to address the various sources of phosphorus should be allocated in a manner that is reflective of the importance to the impairment: algal blooms caused primarily by excess phosphorus loads to the lake. Potential BMPs are grouped into three types: land management (prevention), structural (mitigation), and in-lake alternatives (remediation).

Land Management (Prevention Strategies)

Many agricultural BMPs are designed to reduce erosion and nutrient loss from the landscape. These BMPs provide the highest level of soil conservation and soil health benefits, because they prevent erosion and nutrient loss from occurring. Land management alternatives implemented in row crop areas should include conservation practices such as cross-slope farming, no-till and strip-till farming, diversified crop rotation methods, utilization of in-field buffers, and cover crops. Incorporation of applied manure and fertilizer into the soil by knife injection equipment reduces phosphorus levels, as well as nitrogen and bacteria levels, in runoff from application areas. Strategic timing of manure and fertilizer application and avoiding over-application may have even greater benefits to water quality. Application of manure on frozen ground should be avoided, as should application when heavy rainfall is forecasted.

The Lake of the Hills watershed has only a few small grazed pastures, but they are primarily adjacent to tributary streams. Though not suspected to be a large source of phosphorus, even a few acres of pasture with direct access to the stream could impact water quality in the lake. Well-managed pastures can have very little negative impact on water quality, since the ground is covered with vegetation year-round. Stable and diverse pasture forages hold soil in place, filter runoff, and uptake nutrients for growth. Exclusion of livestock from streams and riparian areas can provide additional water quality benefits. Rotational grazing systems can improve water quality in adjacent waterbodies compared with continuously grazed systems. More research is needed, but there is evidence that forage diversity, degree of vegetation coverage or residue, and regrowth rates are higher in rotationally-grazed pastures (Dinnes, 2004). These characteristics increase erosion protection, filter runoff, and provide increased nutrient uptake compared with continually grazed grasses and forages. Table 4-1 summarizes land management BMPs and associated phosphorus reduction estimates.

Structural BMPs (Mitigation Strategies)

Although they do not address the underlying generation of sediment or nutrients, structural BMPs such as sediment control basins, terraces, grass waterways, riparian buffers, and wetlands can play a valuable role in reduction of sediment and nutrient transport to Lake of the Hills. These BMPs attempt to mitigate the impacts of soil erosion and nutrient loss by intercepting them before they reach a stream or lake. Structural BMPs should be targeted to "priority areas" to increase their cost effectiveness and maximize pollutant reductions. Landowner willingness and the physical features of

potential sites must also be considered when targeting structural practices. These practices may offer additional benefits not directly related to water quality improvement. These secondary benefits are important to emphasize to increase landowner and public interest and adoption. Potential structural BMPs are listed in Table 4-2, which includes secondary benefits and potential TP reductions.

Table 4-1. Potential land management BMPs (prevention strategies)

| Table 4-1. Fotential land management bines (prevention strategies) | | |
|--|--|--|
| BMP or Activity | ¹ Potential TP Reduction | |
| Conservation Tillage: | | |
| Moderate vs. Intensive Tillage | 50% | |
| No-Till vs. Intensive Tillage | 70% | |
| No-Till vs. Moderate Tillage | 45% | |
| Cover Crops | 50% | |
| Diversified Cropping Systems | 50% | |
| In-Field Vegetative Buffers | 50% | |
| Pasture/Grassland Management: | | |
| Livestock Exclusion from Streams | 75% | |
| Rotational Grazing vs. Constant Intensive Grazing | 25% | |
| Seasonal Grazing vs. Constant Intensive Grazing | 50% | |
| Phosphorus Nutrient Application Techniques: | | |
| ² Deep Tillage Incorporation vs. Surface Broadcast | -15% | |
| ² Shallow Tillage Incorporation vs. Surface Broadcast | -10% | |
| Knife/Injection Incorporation vs. Surface Broadcast | 35% | |
| Phosphorus Nutrient Application Timing and Rates: | | |
| Spring vs. Fall Application | 30% | |
| Soil-Test P Rate vs. Over-Application Rates | 40% | |
| Application: 1-month prior to runoff event vs. 1-day | 30% | |

¹Adopted from Dinnes (2004) with professional judgment. Actual reduction percentages may vary widely across sites and runoff events.

Landowner buy-in, ease of construction, and difficulty implementing preventative land management measures all contribute to the popularity of sediment control structures as a sediment and phosphorus mitigation strategy. This is a proven practice, if properly located, designed, constructed, and maintained. However, if not properly designed and constructed, sediment control basins may trap substantially less sediment and phosphorus than widely-used rules-of-thumb that are often assumed when quantifying reductions in the context of a watershed management plan. There are at least three general criteria that should be considered when designing sediment control basins. First, the area of the basin should be appropriate relative to the size of the drainage area. Effective sediment control basins require a minimum size of at least one percent of the total drainage area to the basin. Second, drawdown times (i.e., the time it takes for runoff from a storm event to drain from the basin) should be no less than 24 hours, and preferably 40 hours. Shorter drawdown periods do not adequately settle fine sediments, which carry a large portion of attached phosphorus. Third, sediment basins should be shaped such that the length to width ratio is maximized to prevent short-circuiting across the shortest flow-path through the basin. A minimum length to width ratio of 3:1 is commonly cited in the literature.

²Note: Tillage incorporation can increase TP in runoff in some cases.

To obtain reductions in TP load necessary to meet water quality targets, land management strategies and structural BMPs should be implemented to obtain the largest and most cost-effective water quality benefit. Targeting efforts should consider areas with the highest potential phosphorus loads to the lake. Factors affecting phosphorus contribution include: land cover, steep slopes; proximity to waterbodies; tillage practices, grazing practices (including cattle stream access) and method, timing, and amount of manure and commercial fertilizer application.

Table 4-2. Potential structural BMPs (mitigation strategies)

| Table 1 211 Storital Strategial 2111 S (Intergation Strategies) | | | | |
|---|--|--|--|--|
| BMP or Activity Secondary Benefits | | ¹ Potential TP Reduction | | |
| Terraces | Soil conservation, prevent in-field gullies, prevent wash-outs | 50% | | |
| Grass Waterways | Prevent in-field gullies, prevent washouts, some ecological services | 50% | | |
| ² Sediment Control Structures | Some ecological services, gully prevention | Varies | | |
| ³ Wetlands | Ecological services, potential flood mitigation, aesthetic value | 15% | | |
| Riparian Buffers | Ecological services, aesthetic value, alternative agriculture | 45% | | |

¹Adopted from Dinnes (2004) with professional judgment. Actual reduction percentages may vary widely across sites and runoff events.

The Spreadsheet Tool for Estimating Pollutant Load (STEPL) model was used in TMDL development to predict phosphorus loads to Lake of the Hills. Figure 4-1 shows the annual phosphorus export from each subbasin in the Lake of the Hills watershed STEPL model. Red-shaded basins indicate the heaviest phosphorus export and green shaded bars indicate the lowest export rates relative to the sub basins in this study. The figures reveal that more phosphorus is exported from Subbasins W5 and W8 annually than from other Subbasins, with Subbasin W1 having the lowest TP export. Figure 4-2 shows TP losses for each subbasin after adjusting for drainage area. On a per-area basis, Subbasins 1 and 6 have the lowest TP yield, with losses from Subbasin W5 being the heaviest relative to the other basins in this study.

Subbasin-level information indicates that construction of a large, in-stream sediment trapping structure would have the largest effect near the outlet of Subbasins W5 and W8. Alternatively, this analysis shows that improving the sediment-trapping efficiency of existing lakes, such as Blue Grass Lake, may be an efficient way to decrease TP loads to the lake system with less capital costs.

²Not discussed in Dinnes (2004). Phosphorus removal in sediment basins varies widely and is dependent upon the size of the structure relative to the drainage area, the length:width ratio, and drawdown time of a specified rainfall/runoff event.

³Note: TP reductions in wetlands vary greatly depending on site-specific conditions, such as those listed for sediment control structures. Generally, removal of phosphorus is lower in wetlands than in sediment control structures. Wetland can sometimes be sources, rather than sinks, of phosphorus

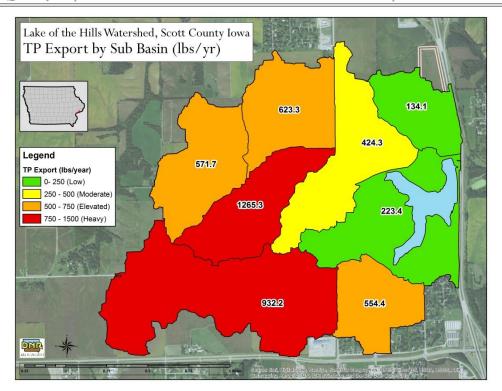


Figure 4-1. Predicted TP export from each STEPL subwatershed

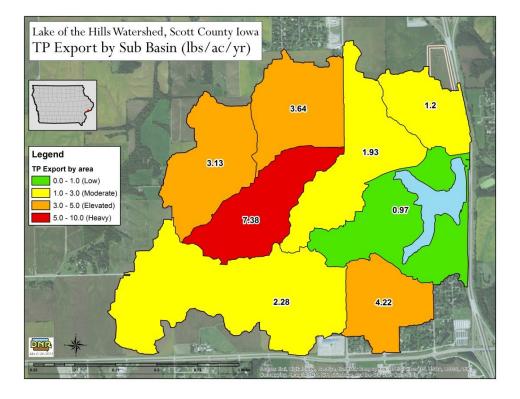


Figure 4-2. Predicted per-acre TP loss for each STEPL subwatershed

More detailed information should be collected in order to target specific BMPs to specific areas (e.g., fields or pastures) within a subwatershed. This level of detailed targeting is best accomplished by local officials working collaboratively with local stakeholders and land owners.

In-Lake BMPs (Remediation Strategies)

Phosphorus recycled between the bottom sediment and water column of the lake has the potential to be an important contributor of bioavailable phosphorus to lakes. The average annual contribution of TP to the system from internal loading appears to be relatively small in Lake of the Hills. The reservoir has a large watershed-to-lake ratio, so external inputs typically dwarf internal recycling. However, internal loading may influence in-lake water under certain conditions despite its relatively insignificant average annual phosphorus contribution. Internal loads may exacerbate algal blooms in late summer periods, especially if lake outflow ceases and water temperatures exceed normal levels. It is important to understand that external phosphorus loads from wet weather supply the build-up of phosphorus in the bottom sediments. Estimates of external loads from the Lake of the Hills watershed are of large enough magnitude to fully account for observed in-lake chlorophyll-a levels. Even in lakes with high suspected internal loads, uncertainty regarding the magnitude of internal loads is one of the biggest challenges to TMDL development and lake restoration. Because of these factors, reductions from watershed sources of TP should be given implementation priority. If and when monitoring shows that the external watershed load has been adequately reduced, then additional in-lake measures may be warranted.

Brief descriptions of potential in-lake restoration methods are included in Table 4-3. Phosphorus reduction impacts of each alternative will vary and depend on a number of site-specific factors. It is virtually impossible to determine how much of the internal load is due to each of the contributing factors, and equally difficult to predict phosphorus reductions associated with individual improvement strategies. In-lake measures should be a part of a comprehensive watershed management plan that includes watershed practices in order to enhance, prolong, and protect the effectiveness of in-lake investments.

Table 4-3. Potential in-lake BMPs for water quality improvement

| In-Lake BMPs | Comments |
|--|---|
| Fisheries management | Low to moderate reductions in internal phosphorus load may be attained via fisheries improvement. The reduction of in-lake phosphorus as a result of this practice is uncertain, but the overall health of the aquatic ecosystem may be improved, which typically improves overall water quality as well. Resident rough fish have been a problem in the past and could be controlled through this method. |
| Targeted dredging and sediment basin improvement | Targeted dredging in shallow inlet areas would create pockets of deep-water habitat for predatory fish that would help control rough fish populations. Strategic dredging would also increase the sediment capacity of upstream lakes, thereby reducing sediment and phosphorus loads to the larger, open water area of Lake of the Hills. Blue Grass Lake is a particularly good candidate for targeted dredging. |
| Shoreline stabilization | Helps establish and sustain vegetation, which provides local erosion protection and competes with algae for nutrients. Impacts of individual projects may be small, but cumulative effects of widespread stabilization projects can help improve water quality. The entire shoreline of Lake of the Hills is publicly owned, making this alternative possible in all areas of the lake. However, this alternative is costly, and water quality benefits alone may not fully justify the investment. |

Urban BMPs

Phosphorus loads to Lake of the Hills generated from urban land uses account for a small portion of the overall load. However, areas of sediment deposition near stormwater outfalls to the lake have been observed. Several water quality BMPs for urban stormwater are relatively inexpensive and offer secondary benefits such as reduction of other pollutants, improved wildlife habitat, and aesthetic benefits. Additionally, implementation of urban BMPs in combination with public information and education programs can promote awareness among citizens and lake patrons that everyone plays a role in improving water quality. Although the residential and impervious park areas are a relatively small source of phosphorus, adoption of BMPs by homeowners can provide localized improvements in water quality near outfalls and give citizens a sense of ownership of water quality solutions.

A list of potential BMPs for urban areas and shoreline property owners is provided in Table 4-4. Some of these BMPs may not be feasible or practical for site-specific conditions. Local decision makers and property owners should evaluate all potential BMPs to select those most applicable to site-specific conditions.

Table 4-4. Potential BMPs for urban areas and shoreline properties

| BMP or Activity | ¹ Potential TP Reduction |
|--|--|
| Dry Detention Basin | 26% |
| Extended Wet Detention Basin | 68% |
| Wetland Detention | 44% |
| Grass Swales | 25% |
| Infiltration Basin | 65% |
| Bioretention Facility | 80% |
| Vegetated Filter Strips | 45% |
| Water Quality Inlets | 9% |
| Weekly Street Sweeping | 6% |
| Low Impact Development (LID) Techniques | 20-80% |
| Pet Waste Programs (Public Information/Education) | Medium to High |
| No/Low Phosphorus Fertilizer Programs (Voluntary or Ordinance) | Medium to High |
| Shoreline buffer strips | Low to Medium |
| Shoreline stabilization/landscaping | Low to Medium |

¹Percent reductions taken from the EPA Region 5 STEPL model. Relative reductions from previous studies and various literature.

Holistic Approach

An example of a holistic implementation plan would involve prevention, mitigation, and remediation practices across the Lake of the Hills watershed. Figure 4-3 shows one such example of a holistic approach. With the closure of the Lake Canyada Mobile Home Park, there is a unique opportunity to implement urban revitalization efforts in the subwatershed. These may include any of the practices from Table 4-4 at any scale. Targeted cell sites suitable for urban BMPs are shown in Figure 4-3 below. Prescribed grazing in select targeted locations will help maintain the integrity of pasture and water quality of adjacent streams. Existing grassed waterways in conjunction with renovation of existing terraces in corn and soybean ground will help mitigate soil loss from row crop ground. Further adoption of agricultural prevention measures like those listed in Table 4-1 will retain topsoil in the soil profile of the fields and prevent erosion.

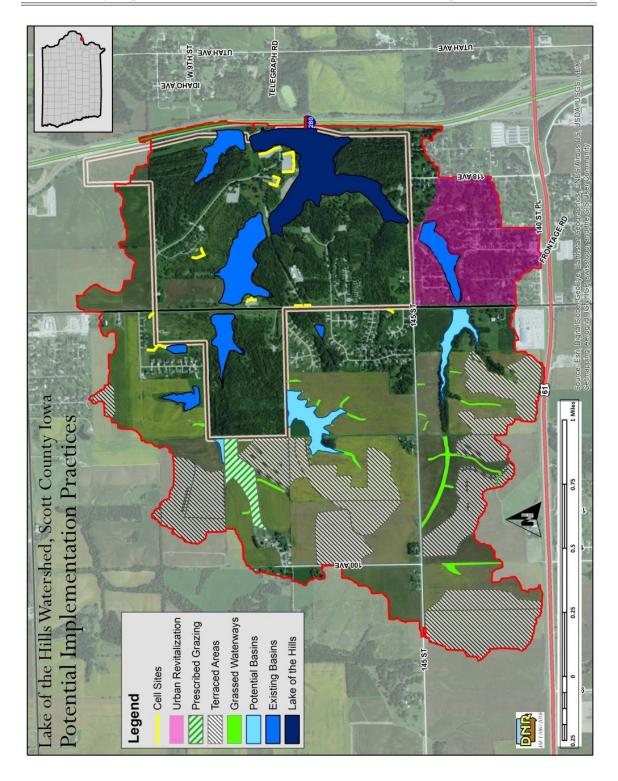


Figure 4-3. Potential implementation practices

5. Future Monitoring

Water quality monitoring is critical for assessing the current status of water resources as well as historical and future trends. Furthermore, monitoring is necessary to track the effectiveness of best management practice (BMP) implementation and to document attainment of total maximum daily loads (TMDLs) and progress towards water quality standards (WQS).

Volunteer-based monitoring efforts should include an approved water quality monitoring plan, called a Quality Assurance Project Plan (QAPP), in accordance with Iowa Administrative Code (IAC) 567-61.10(455B) through 567-61.13(455B). The IAC can be viewed here: https://www.legis.iowa.gov/docs/iac/chapter/567.61.pdf

Failure to prepare an approved QAPP will prevent data collected from being used to evaluate waterbody in the 305(b) Integrated Report – the biannual assessment of water quality in the state, and the 303(d) list – the list that identifies impaired waterbodies.

5.1. Routine Monitoring for Water Quality Assessment

Data collection in Lake of the Hills to assess water quality trends and compliance with water quality standards (WQS) will include monitoring conducted as part of the DNR Ambient Lake Monitoring Program. This is the same source of data used to develop the TMDL. The Ambient Lake Monitoring Program was initiated in 2000 in order to better assess the water quality of Iowa lakes. Currently, 138 of Iowa's lakes are sampled as part of this program, including Lake of the Hills. Typically, one location near the deepest part of the lake is sampled, and many chemical, physical, and biological parameters are measured.

The Beach Monitoring Program consists of routine *E. coli* monitoring at state and county park beaches and locally managed beaches throughout Iowa. The beaches are sampled at least two times per week from Memorial Day to Labor Day. The reported *E. coli* concentration for a particular sampling event is typically a composite sample average of nine sampling points collected at three approximate depths (ankle, knee, and chest) at three locations (e.g., left, middle, right) along the beach.

Sampling parameters are reported in Table 5-1. At least three sampling events are scheduled every summer, typically between Memorial Day and Labor Day. While the ambient monitoring program can be used to identify trends in overall, in-lake water quality, it does not lend itself to calculation of watershed loads, identification of individual pollutant sources, or the evaluation of BMP implementation.

Table 5-1. Ambient Lake Monitoring Program water quality parameters

| Chemical | Physical | Biological |
|---|---|--|
| | , . | |
| Total Phosphorus (TP) | Secchi Depth | Chlorophyll a |
| Soluble Reactive Phosphorus (SRP) | Temperature | Phytoplankton (mass and composition) |
| Total Nitrogen (TN) | • Dissolved Oxygen (DO) | Zooplankton (mass and composition) |
| Total Kjeldahl Nitrogen (TKN) | • Turbidity | , , |
| Ammonia | Total Suspended Solids (TSS) | |
| Un-ionized Ammonia | Total Fixed Suspended Solids | |
| Nitrate + Nitrite Nitrogen | Total Volatile Suspended Solids | |
| Alkalinity | Specific Conductivity | |
| • pH | Thermocline Depth | |
| Total Organic Carbon | Lake Depth | |
| Total Dissolved Solids | | |
| Dissolved Organic Carbon | | |

5.2. Expanded Monitoring for Detailed Analysis

Data available from the Iowa DNR and IGS Beach Monitoring Program and the Iowa DNR Ambient Lake Monitoring Program will be used to assess general water quality trends and WQS violations and attainment. More detailed monitoring data is required to reduce the level of uncertainty associated with water quality trend analysis, better understand the impacts of implemented watershed projects (i.e., BMPs), and guide future water quality modeling and BMP implementation efforts.

If the goal of monitoring is to evaluate spatial and temporal trends and differences in water quality resulting from implementation of BMPs, a more intensive monitoring program will be needed. Table 5-2 outlines potential locations, type of monitoring, parameters collected, and the purpose of each type of data collected as part of an expanded monitoring effort. It is unlikely that available funding will allow collection of all data included in Table 5-2, but the information should be used to help stakeholders identify and prioritize data needs.

Table 5-2. Recommended monitoring plan

| Parameter(s) | Intervals | Duration | ¹ Location(s) |
|--|---|---|---|
| Routine grab sampling for flow, sediment, P, and N | Every 1-2 weeks | April through October | All lake system inlets and outlets, ambient location in Lake of the Hills |
| Continuous flow | 15-60 minute | April through October | Lake of the Hills inlet & outlet |
| Continuous pH, DO, and temperature | 15-60 minute | April through October | 3 in-lake sites: Lake of the Hills, Blue Grass Lake, and Lake Canyada |
| Runoff event flow, sediment, P, and N | 15-60 minute intervals during runoff | 5 events between April and October | All lake inlets & outlets and select tributary sites |
| Wet and dry weather flow, sediment, P, and N | Hourly during wet and dry weather | 10 to 14-day periods (multiple wet and dry weather periods) | All lake inlets & outlets and select tributary sites |
| Event or continuous gully flow, N, and P sampling | 15-60 minute | 10 to 14-day wet weather periods if continuous sampling is not feasible | Select gully locations |
| Erosion pin grid | Seasonally, after heavy rainfall events | April through October | Select gully locations |
| Shoreline mapping, bathymetry studies | After dredging or construction, every 5 years | Design lifespan of waterbody | Blue Grass Lake, new sediment control basins |

¹Tributary and gully site selection to be based on suspected pollutant source location, BMP placement, landowner permission, and access/installation feasibility. ²There are several MST approaches. Methodology should be researched and based on feasibility, cost, and advantage/disadvantages of each method. If budget does not allow for true MST methods, fluorometry or caffeine detection could be utilized in conjunction with *E. coli* sampling to detect human sources of wastewater.

It may be useful to divide the recommended monitoring plan into several tiers based on ease of deployment and cost effectiveness. This will help stakeholders and management personnel best direct their resources. This monitoring plan may be reevaluated at any time to change the management strategy. Data collection should commence before BMPs are implemented in the watershed to establish baseline conditions. Selection of tributary sites should consider location of BMPs, location of historical data (for comparative purposes), landowner permission (if applicable), and logistical concerns such as site access and feasibility of equipment installation (if necessary). This data could form the foundation for assessment of water quality trends; however, more detailed information will be necessary to make any statements about water quality trends with certainty. Therefore, routine grab sampling should be viewed only as a starting point for assessing trends in water quality.

Depending on how BMPs are deployed in the watershed, there are two distinct options for tracking sediment fate and transport. Bathymetry studies can be conducted on existing and proposed sediment basins upstream of Lake of the Hills, with Blue Grass Lake and newly constructed sediment basins in basins W5 and W8 providing the best dataset. These bathymetry studies would be conducted at the time of implementation of either

new construction or dredging rehabilitation and every five years after. This will help gather information to confirm the operational lifespan of the sediment control structure.

If there are no plans to construct new sediment control structures, then an erosion pin grid could be used to quantify the rate at which head cutting, gully, and streambank sloughing occurs. These would be fairly cheap to implement and maintain, with periodic checks occurring seasonally or after large runoff events. The rate at which erosion occurs can provide useful information on the success of upstream BMPs.

Tier 1

Automated data recorded by ISCO devices would provide information on continuous flow, and continuous pH, DO, and temperature. Routine grab sampling for flow, sediment, P, and N will help provide a check on the automated sampling. In addition to routine sampling, runoff event sampling for event flow, sediment, and N will help show the effects of high recurrence interval events. Locations and sampling approaches would include the ambient monitoring station, Lake of the Hills beach, outlets of all five lakes, and upstream tributaries as discussed in the above table as shown in Figure 5-1. Continuous flow data at the inlets and outlet of the lake would improve the predictive ability and accuracy of modeling tools, such as those used to develop the TMDL for Lake of the Hills. Reliable long-term flow data is also important because hydrology drives many important processes related to water quality, and a good hydrologic data set will be necessary to evaluate the success of BMPs such as reduced-tillage, sediment control structures, terraces and grassed waterways, riparian buffers, and wetlands.

Tier 2

If automated sampling devices cannot be procured, then grab samples should continue on a routine and runoff event based schedule. Flow data may be recorded by area-velocity measurements, or manual flow readings based on developed rating curves. Locations and sampling approaches would include the ambient monitoring station, Lake of the Hills beach, and outlets of all five lakes.

Tier 3

Targeted grab sampling of the Lake of the Hills ambient monitoring point should be continued on a bi-weekly basis. Grab samples on a seasonal basis at the outlets of Blue Grass Lake and Lake Canyada would be done to support data provided by the main lake.

Tier 4

The most basic of monitoring plan would continue the existing monitoring done at the ambient location and beach of Lake of the Hills.

The proposed monitoring information would assist utilization of watershed and water quality models to simulate various scenarios and water quality response to BMP implementation. Monitoring parameters and locations should be continually evaluated. Adjustment of parameters and/or locations should be based on BMP placement, newly discovered or suspected pollution sources, and other dynamic factors. The IDNR Watershed Improvement Section can provide technical support to locally led efforts in

collecting further water quality and flow monitoring data in the Lake of the Hills watershed. A look at how these proposed monitoring plans may be deployed in the Lake of the Hills watershed is shown in Figure 5-1.

This expanded monitoring information would improve statistical analysis for evaluating changes and/or trends in water quality over time. Additionally, more detailed data could be used to improve/develop watershed and water quality models for simulation of implementation scenarios and prediction of water quality response. Monitoring parameters and locations should be continually evaluated. Adjustment of parameters and/or locations should be based on BMP placement, newly discovered or suspected pollution sources, and other dynamic factors. The DNR Watershed Improvement Section can provide technical support to locally led efforts in collecting further water quality and flow monitoring data in the Lake of the Hills watershed.

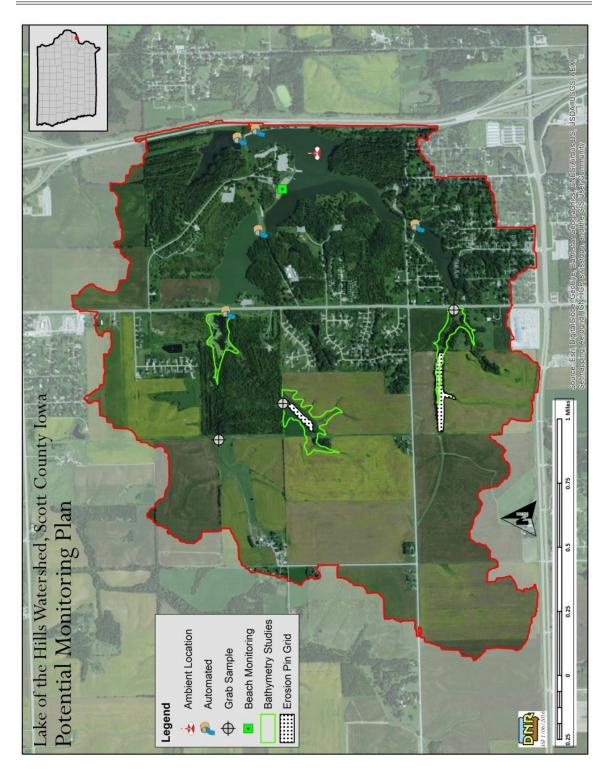


Figure 5-1. Potential monitoring locations

6. Public Participation

Public involvement is important in the Total Maximum Daily Load (TMDL) process since it is the land owners, tenants, and citizens who directly manage land and live in the watershed that determine the water quality in Lake of the Hills.

6.1. Public Meetings

January 4, 2016

Preliminary site visit to investigate current landuse characteristics of Lake of the Hills watershed. Investigation yielded an inconsistency with previous watershed boundary in southeast corner where flow bypasses lake system.

March 4, 2016

Meeting held at West Lake Park ranger station to discuss progress of TMDL and watershed management plan developed by Pathfinders A&E. Representatives from SCCB, IDALS, and NRCS were also on site to express concerns and provide feedback.

May 5, 2016

A public meeting to present the results of the TMDL study, obtain stakeholder input, and discuss next steps for community-based watershed planning was held in the Blue Grass Community Center at 232 E Orphed St. from 6:00 to 7:30 pm on May 5, 2016. Stakeholders representing the Scott County Conservation Board, West Lake Park, NRCS, IDALS, and local news agencies were present in addition to land owners, managers, and other interested parties.

6.2. Written Comments

The public comment period began April 21 and ended May 23, 2016. Public comments received during the public comment period are included in Appendix J of this document, along with an official response from DNR.

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8. Appendices

Appendix A --- Glossary of Terms, Abbreviations, and Acronyms

303(d) list: Refers to section 303(d) of the Federal Clean Water Act, which

requires a listing of all public surface waterbodies (creeks, rivers, wetlands, and lakes) that do not support their general and/or designated uses. Also called the state's "Impaired Waters List."

305(b) assessment: Refers to section 305(b) of the Federal Clean Water Act, it is a

comprehensive assessment of the state's public waterbodies' ability to support their general and designated uses. Those bodies of water which are found to be not supporting or only partially

supporting their uses are placed on the 303(d) list.

319: Refers to Section 319 of the Federal Clean Water Act, the

Nonpoint Source Management Program. Under this amendment, States receive grant money from EPA to provide technical & financial assistance, education, & monitoring to implement local

nonpoint source water quality projects.

AFO: Animal Feeding Operation. A lot, yard, corral, building, or other

area in which animals are confined and fed and maintained for 45 days or more in any 12-month period, and all structures used for the storage of manure from animals in the operation. Open

feedlots and confinement feeding operations are considered to be

separate animal feeding operations.

AU: Animal Unit. A unit of measure used to compare manure

production between animal types or varying sizes of the same animal. For example, one 1,000 pound steer constitutes one AU, while one mature hog weighing 200 pounds constitutes 0.4 AU.

Benthic: Associated with or located at the bottom (in this context,

"bottom" refers to the bottom of streams, lakes, or wetlands). Usually refers to algae or other aquatic organisms that reside at

the bottom of a wetland, lake, or stream (see periphyton).

Benthic macroinvertebrates:

Animals larger than 0.5 mm that do not have backbones. These animals live on rocks, logs, sediment, debris and aquatic plants during some period in their life. They include crayfish, mussels,

snails, aquatic worms, and the immature forms of aquatic insects

such as stonefly and mayfly nymphs.

Base flow:

Sustained flow of a stream in the absence of direct runoff. It can include natural and human-induced stream flows. Natural base flow is sustained largely by groundwater discharges.

Biological impairment:

A stream segment is classified as biologically impaired if one or more of the following occurs, the FIBI and or BMIBI scores fall below biological reference conditions, a fish kill has occurred on the segment, or the segment has seen a > 50% reduction in mussel species.

Biological reference condition:

Biological reference sites represent the least disturbed (i.e. most natural) streams in the ecoregion. The biological data from these sites are used to derive least impacted BMIBI and FIBI scores for each ecoregion. These scores are used to develop Biological Impairment Criteria (BIC) scores for each ecoregion. The BIC is used to determine the impairment status for other stream segments within an ecoregion.

BMIBI: Benthic Macroinvertebrate Index of Biotic Integrity. An index-

based scoring method for assessing the biological health of streams and rivers (scale of 0-100) based on characteristics of

bottom-dwelling invertebrates.

BMP: Best Management Practice. A general term for any structural or

upland soil or water conservation practice. For example terraces, grass waterways, sediment retention ponds, reduced tillage

systems, etc.

CAFO: Concentrated Animal Feeding Operation. A federal term defined

as any animal feeding operation (AFO) with more than 1,000 animal units confined on site, or an AFO of any size that discharges pollutants (e.g. manure, wastewater) into any ditch, stream, or other water conveyance system, whether man-made or

natural.

CBOD5: 5-day Carbonaceous Biochemical Oxygen Demand. Measures the

amount of oxygen used by microorganisms to oxidize

hydrocarbons in a sample of water at a temperature of 20°C and

over an elapsed period of five days in the dark.

CFU: A Colony Forming Unit is a cell or cluster of cells capable of

multiplying to form a colony of cells. Used as a unit of bacteria concentration when a traditional membrane filter method of analysis is used. Though not necessarily equivalent to most

probably number (MPN), the two terms are often used

interchangeably.

Confinement feeding operation:

An animal feeding operation (AFO) in which animals are

confined to areas which are totally roofed.

Credible data law:

Refers to 455B.193 of the Iowa Administrative Code, which ensures that water quality data used for all purposes of the Federal Clean Water Act are sufficiently up-to-date and accurate. To be considered "credible," data must be collected and analyzed using methods and protocols outlined in an approved Quality Assurance Project Plan (QAPP).

Cyanobacteria (blue-green algae):

Members of the phytoplankton community that are not true algae but are capable of photosynthesis. Some species produce toxic substances that can be harmful to humans and pets.

Designated use(s):

Refer to the type of economic, social, or ecological activities that a specific waterbody is intended to support. See Appendix B for a description of all general and designated uses.

DNR:

Iowa Department of Natural Resources.

Ecoregion:

Areas of general similarity in ecosystems and in the type, quality, and quantity of environmental resources based on geology, vegetation, climate, soils, land use, wildlife, and hydrology.

EPA (or USEPA):

United States Environmental Protection Agency.

Ephemeral gully erosion:

Ephemeral gullies occur where runoff from adjacent slopes forms concentrated flow in drainage ways. Ephemerals are void of vegetation and occur in the same location every year. They are crossable with farm equipment and are often partially filled in by tillage.

FIBI:

Fish Index of Biotic Integrity. An index-based scoring method for assessing the biological health of streams and rivers (scale of 0-100) based on characteristics of fish species.

FSA:

Farm Service Agency (United States Department of Agriculture). Federal agency responsible for implementing farm policy, commodity, and conservation programs.

General use(s):

Refer to narrative water quality criteria that all public waterbodies must meet to satisfy public needs and expectations. See Appendix B for a description of all general and designated uses.

Geometric Mean (GM):

A statistic that is a type of mean or average (different from arithmetic mean or average) that measures central tendency of data. It is often used to summarize highly skewed data or data with extreme values such as wastewater discharges and bacteria concentrations in surface waters. In Iowa's water quality standards and assessment procedures, the geometric mean criterion for *E. coli* is measured using at least five samples collected over a 30-day period.

collected over a 50-day period

GIS: Geographic Information System(s). A collection of map-based

data and tools for creating, managing, and analyzing spatial

information.

Groundwater: Subsurface water that occurs beneath the water table in soils and

geologic formations that are fully saturated.

Gully erosion: Soil movement (loss) that occurs in defined upland channels and

ravines that are typically too wide and deep to fill in with

traditional tillage methods.

HEL: Highly Erodible Land. Defined by the USDA Natural Resources

Conservation Service (NRCS), it is land, which has the potential for long-term annual soil losses to exceed the tolerable amount

by eight times for a given agricultural field.

IDALS: Iowa Department of Agriculture and Land Stewardship

Integrated report: Refers to a comprehensive document that combines the 305(b)

assessment with the 303(d) list, as well as narratives and discussion of overall water quality trends in the state's public waterbodies. The Iowa Department of Natural Resources submits an integrated report to the EPA biennially in even numbered

years.

LA: Load Allocation. The portion of the loading capacity attributed to

(1) the existing or future nonpoint sources of pollution and (2) natural background sources. Wherever possible, nonpoint source loads and natural loads should be distinguished. (The total

pollutant load is the sum of the wasteload and load allocations.)

LiDAR: Light Detection and Ranging. Remote sensing technology that

uses laser scanning to collect height or elevation data for the

earth's surface.

Load:

The total amount of pollutants entering a waterbody from one or multiple sources, measured as a rate, as in weight per unit time or per unit area.

Macrophyte:

An aquatic plant that is large enough to be seen with the naked eye and grows either in or near water. It can be floating, completely submerged (underwater), or partially submerged.

MOS:

Margin of Safety. A required component of the TMDL that accounts for the uncertainty in the response of the water quality of a waterbody to pollutant loads.

MPN:

Most Probable Number. Used as a unit of bacteria concentration when a more rapid method of analysis (such as Colisure or Colilert) is utilized. Though not necessarily equivalent to colony forming units (CFU), the two terms are often used interchangeably.

MS4:

Municipal Separate Storm Sewer System. A conveyance or system of conveyances (including roads with drainage systems, municipal streets, catch basins, curbs, gutters, ditches, man-made channels, or storm drains) owned and operated by a state, city, town, borough, county, parish, district, association, or other public body (created by or pursuant to state law) having jurisdiction over disposal of sewage, industrial wastes, stormwater, or other wastes, including special districts under state law such as a sewer district, flood control district or drainage district, or similar entity, or an Indian tribe or an authorized Indian tribal organization, or a designated and approved management agency under section 208 of the Clean Water Act (CWA) that discharges to waters of the United States.

Nonpoint source pollution:

Pollution that is not released through pipes but rather originates from multiple sources over a relatively large area. Nonpoint sources can be divided into source activities related either to land or water use including failing septic tanks, improper animal-keeping practices, forestry practices, and urban and rural runoff.

NPDES:

National Pollution Discharge Elimination System. The national program for issuing, modifying, revoking and reissuing, terminating, monitoring, and enforcing permits, and imposing and enforcing pretreatment requirements, under Section 307, 402, 318, and 405 of the Clean Water Act. Facilities subjected to NPDES permitting regulations include operations such as municipal wastewater treatment plants and industrial waste treatment facilities, as well as some MS4s.

NRCS: Natural Resources Conservation Service (United States

Department of Agriculture). Federal agency that provides technical assistance for the conservation and enhancement of

natural resources.

Open feedlot: An unroofed or partially roofed animal feeding operation (AFO)

in which no crop, vegetation, or forage growth or residue cover is maintained during the period that animals are confined in the

operation.

Periphyton: Algae that are attached to substrates (rocks, sediment, wood, and

other living organisms). Are often located at the bottom of a

wetland, lake, or stream.

Phytoplankton: Collective term for all photosynthetic organisms suspended in the

water column. Includes many types of algae and cyanobacteria.

Point source pollution:

Pollutant loads discharged at a specific location from pipes, outfalls, and conveyance channels from either municipal wastewater treatment plants or industrial waste treatment

facilities. Point sources are generally regulated by a federal

NPDES permit.

Pollutant: As defined in Clean Water Act section 502(6), a pollutant means

dredged spoil, solid waste, incinerator residue, sewage, garbage, sewage sludge, munitions, chemical wastes, biological materials, heat, wrecked or discarded equipment, rock, sand, cellar dirt, and industrial, municipal, and agricultural waste discharged into

water.

Pollution: The man-made or man-induced alteration of the chemical,

physical, biological, and/or radiological integrity of water.

PPB: Parts per Billion. A measure of concentration that is the same as

micrograms per liter (μ g/L).

PPM: Parts per Million. A measure of concentration that is the same as

milligrams per liter (mg/L).

RASCAL: Rapid Assessment of Stream Conditions Along Length.

RASCAL is a global positioning system (GPS) based assessment

procedure designed to provide continuous stream and riparian

condition data at a watershed scale.

Riparian: Refers to areas near the banks of natural courses of water.

> Features of riparian areas include specific physical, chemical, and biological characteristics that differ from upland (dry) sites. Usually refers to the area near a bank of a stream or river.

RUSLE: Revised Universal Soil Loss Equation. An empirical model for

estimating long term, average annual soil losses due to sheet and

rill erosion.

Scientific notation: See explanation on page 107.

Secchi disk: A device used to measure transparency in waterbodies. The

greater the Secchi depth (typically measured in meters), the more

transparent the water.

Sediment delivery

ratio:

A value, expressed as a percent, which is used to describe the fraction of gross soil erosion that is delivered to the waterbody of

concern.

Seston: All particulate matter (organic and inorganic) suspended in the

water column.

Sheet & rill erosion: Sheet and rill erosion is the detachment and removal of soil from

> the land surface by raindrop impact, and/or overland runoff. It occurs on slopes with overland flow and where runoff is not

concentrated.

Single-Sample

Maximum (SSM):

The single-sample maximum is the maximum allowable

concentration measured at a specific point in time in a waterbody.

A water quality standard criterion used to quantify E. coli levels.

SI: Stressor Identification. A process by which the specific cause(s)

of a biological impairment to a waterbody can be determined

from cause-and-effect relationships.

Storm flow (or stormwater):

The discharge (flow) from surface runoff generated by a

precipitation event. Stormwater generally refers to runoff that is routed through some artificial channel or structure, often in urban

areas.

STP: Sewage Treatment Plant. General term for a facility that treats

municipal sewage prior to discharge to a waterbody according to

the conditions of an NPDES permit.

TSI):

SWCD: Soil and Water Conservation District. Agency that provides local

assistance for soil conservation and water quality project implementation, with support from the Iowa Department of

Agriculture and Land Stewardship.

TDS: Total Dissolved Solids: The quantitative measure of matter

(organic and inorganic material) dissolved, rather than

suspended, in the water column. TDS is analyzed in a laboratory and quantifies the material passing through a filter and dried at

180 degrees Celsius.

TMDL: Total Maximum Daily Load. As required by the Federal Clean

Water Act, a comprehensive analysis and quantification of the maximum amount of a particular pollutant that a waterbody can tolerate while still meeting its general and designated uses. A TMDL is mathematically defined as the sum of all individual wasteload allocations (WLAs), load allocations (LAs), and a

margin of safety (MOS).

Trophic state: The level of ecosystem productivity, typically measured in terms

of algal biomass.

TSI (or Carlson's Trophic State Index. A standardized scoring system developed by

Carlson (1977) that places trophic state on an exponential scale of Secchi depth, chlorophyll, and total phosphorus. TSI ranges between 0 and 100, with 10 scale units representing a doubling of

algal biomass.

TSS: Total Suspended Solids. The quantitative measure of matter

(organic and inorganic material) suspended, rather than

dissolved, in the water column. TSS is analyzed in a laboratory and quantifies the material retained by a filter and dried at 103 to

105 degrees Celsius.

Turbidity: A term used to indicate water transparency (or lack thereof).

Turbidity is the degree to which light is scattered or absorbed by a fluid. In practical terms, highly turbid waters have a high

degree of cloudiness or murkiness caused by suspended particles.

UAA: Use Attainability Analysis. A protocol used to determine which

(if any) designated uses apply to a particular waterbody. (See Appendix B for a description of all general and designated uses.)

UHL: University of Iowa State Hygienic Laboratory. Provides physical,

biological, and chemical sampling for water quality purposes in

support of beach monitoring, ambient monitoring, biological reference monitoring, and impaired water assessments.

USGS: United States Geologic Survey (United States Department of the

Interior). Federal agency responsible for implementation and maintenance of discharge (flow) gauging stations on the nation's

waterbodies.

Watershed: The land area that drains water (usually surface water) to a

particular waterbody or outlet.

WLA: Wasteload Allocation. The portion of a receiving waterbody's

loading capacity that is allocated to one of its existing or future point sources of pollution (e.g., permitted waste treatment

facilities).

WQS: Water Quality Standards. Defined in Chapter 61 of

Environmental Protection Commission [567] of the Iowa

Administrative Code, they are the specific criteria by which water

quality is gauged in Iowa.

WWTF: Wastewater Treatment Facility. General term for a facility that

treats municipal, industrial, or agricultural wastewater for discharge to public waters according to the conditions of the facility's NPDES permit. Used interchangeably with wastewater

treatment plant (WWTP).

Zooplankton: Collective term for all animal plankton suspended in the water

column which serve as secondary producers in the aquatic food chain and the primary food source for larger aquatic organisms.

Scientific Notation

Scientific notation is the way that scientists easily handle very large numbers or very small numbers. For example, instead of writing 45,000,000,000 we write 4.5E+10. So, how does this work?

We can think of 4.5E+10 as the product of two numbers: 4.5 (the digit term) and E+10 (the exponential term).

Here are some examples of scientific notation.

| 10,000 = 1E+4 | 24,327 = 2.4327E+4 |
|--------------------------|--------------------|
| 1,000 = 1E+3 | 7,354 = 7.354E+3 |
| 100 = 1E+2 | 482 = 4.82E + 2 |
| 1/100 = 0.01 = 1E-2 | 0.053 = 5.3E-2 |
| 1/1,000 = 0.001 = 1E-3 | 0.0078 = 7.8E-3 |
| 1/10,000 = 0.0001 = 1E-4 | 0.00044 = 4.4E-4 |

As you can see, the exponent is the number of places the decimal point must be shifted to give the number in long form. A **positive** exponent shows that the decimal point is shifted that number of places to the right. A **negative** exponent shows that the decimal point is shifted that number of places to the left.

Appendix B --- General and Designated Uses of Iowa's Waters

Introduction

Iowa's water quality standards (Environmental Protection Commission [567], Chapter 61 of the Iowa Administrative Code) provide the narrative and numerical criteria by which waterbodies are judged when determining the health and quality of our aquatic ecosystems. These standards vary depending on the type of waterbody (lakes vs. rivers) and the assigned uses (general use vs. designated uses) of the waterbody that is being dealt with. This appendix is intended to provide information about how Iowa's waterbodies are classified and what the use designations mean, hopefully providing a better general understanding for the reader.

All public surface waters in the state are protected for certain beneficial uses, such as livestock and wildlife watering, aquatic life, non-contact recreation, crop irrigation, and other incidental uses (e.g. withdrawal for industry and agriculture). However, certain rivers and lakes warrant a greater degree of protection because they provide enhanced recreational, economical, or ecological opportunities. Thus, all public bodies of surface water in Iowa are divided into two main categories: *general* use segments and *designated* use segments. This is an important classification because it means that not all of the criteria in the state's water quality standards apply to all water ways; rather, the criteria which apply depend on the use designation & classification of the waterbody.

General Use Segments

A general use segment waterbody is one that does not maintain perennial (year-round) flow of water or pools of water in most years (i.e. ephemeral or intermittent waterways). In other words, stream channels or basins that consistently dry up year after year would be classified as general use segments. Exceptions are made for years of extreme drought or floods. For the full definition of a general use waterbody, consult section 61.3(1) in the state's published water quality standards, which became effective on March 22, 2006 (Environmental Protection Commission [567], Chapter 61 of the Iowa Administrative Code).

General use waters are protected for the beneficial uses listed above, which are: livestock and wildlife watering, aquatic life, non-contact recreation, crop irrigation, and industrial, agricultural, domestic and other incidental water withdrawal uses. The criteria used to ensure protection of these uses are described in section 61.3(2) in the state's published water quality standards, which became effective on March 22, 2006 (Environmental Protection Commission [567], Chapter 61 of the Iowa Administrative Code).

Designated Use Segments

Designated use segments are waterbodies that maintain flow throughout the year, or at least hold pools of water that are sufficient to support a viable aquatic community (i.e. perennial waterways). In addition to being protected for the same beneficial uses as the general use segments, these perennial waters are protected for more specific activities such as primary contact recreation, drinking water sources, or cold-water fisheries. There are thirteen different designated use classes (Table B-1) that may apply, and a waterbody

may have more than one designated use. For definitions of the use classes and more detailed descriptions, consult section 61.3(1) in the state's published water quality standards, which became effective on March 22, 2006 (Environmental Protection Commission [567], Chapter 61 of the Iowa Administrative Code).

Table B-1. Designated use classes for lowa waterbodies

| Class prefix | Class | Designated use | Brief comments | |
|-----------------|---------|--|---|--|
| - | A1 | Primary contact recreation | Supports swimming, water skiing, etc. | |
| A | A2 | Secondary contact recreation | Limited/incidental contact occurs, such as boating | |
| | A3 | Children's contact recreation | Urban/residential waters that are attractive to children | |
| | B(CW1) | Cold water aquatic life – Type 2 | Able to support coldwater fish (e.g. trout) populations | |
| | B(CW2) | Cold water aquatic life – Type 2 | Typically unable to support consistent trout populations | |
| | B(WW-1) | Warm water aquatic life – Type 1 | Suitable for game and nongame fish populations | |
| В | B(WW-2) | Warm water aquatic life – Type 2 | Smaller streams where game fish populations are limited by physical conditions & flow | |
| | B(WW-3) | Warm water aquatic life – Type 3 | Streams that only hold small perennial pools which extremely limit aquatic life | |
| | B(LW) | Warm water aquatic life – Lakes and Wetlands | Artificial and natural impoundments with "lake-like" conditions | |
| C | C | Drinking water supply | Used for raw potable water | |
| | HQ | High quality water | Waters with exceptional water quality | |
| Other | HQR | High quality resource | Waters with unique or outstanding features | |
| | НН | Human health | Fish are routinely harvested for human consumption | |

Designated use classes are determined based on a Use Attainability Analysis, or UAA. This is a procedure in which the waterbody is thoroughly scrutinized, using existing

knowledge, historical documents, and visual evidence of existing uses, in order to determine what its designated use(s) should be. This can be a challenging endeavor, and as such, conservative judgment is applied to ensure that any potential uses of a waterbody are allowed for. Changes to a waterbody's designated uses may only occur based on a new UAA, which depending on resources and personnel, can be quite time consuming.

It is relevant to note that on March 22, 2006, a revised edition of Iowa's water quality standards became effective which significantly changed the use designations of the state's surface waters. Essentially, the changes that were made consisted of implementing a "top down" approach to use designations, meaning that all waterbodies should receive the highest degree of protection applicable until a UAA could be performed to ensure that a particular waterbody did not warrant elevated protection. For more information about Iowa's water quality standards and UAAs, contact the Iowa DNR's Water Quality Bureau.

Appendix C --- Water Quality Data

The following is a summary of the sampling data from the Iowa State University (ISU) Iowa Lakes Information System and University of Iowa State Hygienic Laboratory (UHL) monitoring efforts.

C.1. Individual Sample Results

Table C-1. ISU and UHL water quality sampling data (¹ambient location)

| Table C | -1. 150 and 0 | Secchi | Chl-a | TP | TN | | TSS |
|----------|----------------|--------|--------|--------|--------|------|--------|
| Source | DATE | (m) | (μg/L) | (μg/L) | (mg/L) | рН | (mg/L) |
| ISU | 07-Jun-01 | 1.30 | 3.11 | 46.92 | 2.06 | 8.82 | 6.40 |
| ISU | 11-Jul-01 | 1.00 | 12.36 | 45.51 | 1.70 | 8.79 | 13.85 |
| ISU | 07-Aug-01 | 1.20 | 23.43 | 59.21 | 0.95 | 9.03 | 4.27 |
| ISU | 12-Jun-02 | 0.80 | 27.78 | 49.47 | 1.66 | 8.52 | * |
| ISU | 17-Jul-02 | 0.45 | 42.16 | 114.91 | 1.05 | 8.57 | 17.43 |
| ISU | 13-Aug-02 | 0.60 | 39.77 | 66.54 | 1.05 | 8.53 | 15.60 |
| ISU | 12-Jun-03 | 1.25 | 21.46 | 89.05 | 1.78 | 9.03 | 7.40 |
| ISU | 16-Jul-03 | 0.82 | 19.90 | 59.17 | 1.04 | 8.31 | 9.54 |
| ISU | 13-Aug-03 | 0.50 | 26.02 | 55.39 | 0.97 | 8.66 | 12.96 |
| ISU | 09-Jun-04 | 0.80 | 76.08 | 101.98 | 11.64 | 8.89 | 19.12 |
| ISU | 14-Jul-04 | 0.55 | 39.24 | 68.75 | 0.88 | 8.87 | 14.71 |
| ISU | 11-Aug-04 | 0.50 | 35.66 | 72.39 | 1.53 | 7.78 | 12.45 |
| ISU | 15-Jun-05 | 0.80 | 35.06 | 41.02 | 1.09 | 8.15 | 13.52 |
| UHL | 23-Jun-05 | 0.90 | 17.00 | 50.00 | 0.69 | 8.60 | 9.00 |
| ISU | 20-Jul-05 | 0.75 | 46.00 | 55.26 | 0.86 | 8.92 | 17.50 |
| ISU | 09-Aug-05 | 0.75 | 34.44 | 52.52 | 0.97 | 8.71 | 12.00 |
| UHL | 09-Aug-05 | 0.80 | 22.00 | 50.00 | 0.70 | 9.10 | 11.00 |
| UHL | 03-Oct-05 | 0.60 | 28.00 | 80.00 | 0.50 | 8.50 | 11.00 |
| UHL | 24-Apr-06 | 1.00 | 18.00 | 120.00 | 0.90 | 8.70 | 7.00 |
| UHL | 30-May-06 | 1.20 | 11.00 | 100.00 | 0.50 | 8.60 | 8.00 |
| ISU | 14-Jun-06 | 1.33 | 9.68 | 33.79 | 1.09 | 8.67 | 6.00 |
| UHL | 27-Jun-06 | 0.90 | 17.00 | 40.00 | 0.80 | 8.50 | 8.00 |
| ISU | 19-Jul-06 | 0.80 | 19.17 | 41.15 | 0.94 | 8.27 | 10.00 |
| UHL | 07-Aug-06 | 0.90 | 17.00 | 40.00 | 0.90 | 8.40 | 7.00 |
| ISU | 16-Aug-06 | 0.55 | 32.58 | 65.44 | 1.09 | 8.18 | 15.00 |
| UHL | 18-Sep-06 | 0.80 | 38.00 | 50.00 | 1.00 | 8.30 | 12.00 |
| UHL | 24-Apr-07 | 0.60 | 41.00 | 30.00 | 2.10 | 8.60 | 12.00 |
| ISU | 13-Jun-07 | 0.65 | 33.22 | 53.22 | 1.63 | 8.24 | 14.00 |
| UHL | 05-Jul-07 | 0.80 | 23.00 | 80.00 | 0.70 | 8.50 | 7.00 |
| ISU | 18-Jul-07 | 0.65 | 27.74 | 61.40 | 0.69 | 8.32 | 7.57 |
| ISU | 08-Aug-07 | 0.75 | 35.20 | 61.51 | 0.69 | 8.86 | 14.77 |
| UHL | 21-Aug-07 | 0.60 | 36.00 | 70.00 | 1.10 | 8.00 | 7.00 |
| UHL | 19-May-08 | 0.90 | 34.00 | 40.00 | 2.00 | 8.50 | 9.00 |
| UHL | 25-Jun-08 | 0.90 | 47.00 | 70.00 | 2.08 | 8.30 | 9.00 |
| Continue | d on next page | | | | | | |

| Source | DATE | Secchi (m) | Chl-a (µg/L) | TP (μg/L) | TN (mg/L) | рН | TSS (mg/L) |
|--------|-----------|---------------|-----------------|--------------|--------------|------|---------------|
| UHL | 29-Jul-08 | 0.90 | 23.00 | 30.00 | 1.15 | 8.30 | 8.00 |
| UHL | 25-Aug-08 | 0.50 | 56.00 | 90.00 | 1.13 | 8.40 | 18.00 |
| UHL | 18-Sep-08 | 0.60 | 69.00 | 100.00 | 1.43 | 8.90 | 15.00 |
| ISU | 23-Jun-09 | 1.20 | 24.00 | 47.30 | 1.11 | 8.50 | 7.80 |
| ISU | 28-Jul-09 | 0.80 | 36.00 | 63.30 | 1.03 | 8.50 | 14.60 |
| ISU | 18-Aug-09 | 0.40 | 101.00 | 76.80 | 1.43 | 7.70 | 14.30 |
| ISULL | 23-Jun-10 | 1.00 | 16.80 | 46.29 | * | 8.32 | 8.20 |
| ISULL | 10-Aug-10 | 0.40 | 5.88 | 76.66 | * | 8.08 | 14.00 |
| ISULL | 22-Sep-10 | 0.43 | 34.72 | 75.37 | * | 8.13 | 12.00 |
| ISU | 21-Jun-11 | 0.65 | 25.69 | 80.02 | * | 8.55 | 15.60 |
| ISU | 09-Aug-11 | 0.55 | 34.90 | 65.15 | * | 9.41 | 12.44 |
| ISU | 20-Sep-11 | 0.50 | 65.07 | 77.11 | * | 8.21 | 12.57 |
| ISU | 19-Jun-12 | 0.58 | 62.96 | 85.00 | 1.61 | 8.61 | * |
| ISU | 7-Aug-12 | 0.65 | 40.38 | 78.30 | 1.21 | 8.48 | * |
| ISU | 18-Sep-12 | 0.38 | 52.88 | 117.80 | 1.50 | 8.23 | * |
| ISU | 19-Jun-13 | 0.32 | 58.94 | 96.43 | 2.92 | 8.71 | 163.56 |
| ISU | 6-Aug-13 | 0.58 | 55.24 | 92.05 | 1.43 | 8.50 | 37.75 |
| ISU | 17-Sep-13 | 0.38 | 80.20 | 97.60 | 1.76 | 7.96 | 62.53 |
| ISU | 24-Jun-14 | 1.18 | 10.01 | 42.65 | 0.71 | 8.48 | 10.55 |
| ISU | 12-Aug-14 | 0.45 | 53.68 | 75.60 | 1.48 | 8.68 | 187.92 |
| ISU | 22-Sep-14 | 0.45 | 56.40 | 113.45 | 1.91 | 8.32 | 94.58 |

Ambient monitoring location = STORET ID 22820001
* Missing data

C.2. Annual Mean Data

Table C-2. Precipitation and annual mean TSI values (¹ambient location)

| Date | Annual Precipitation (in) | Apr-Sep Precipitation (in) | Secchi TSI | Chl-a TSI | TP TSI |
|------|---------------------------------|----------------------------------|---------------|--------------|-----------|
| 2001 | 43.6 | 29.1 | 57.8 | 55.7 | 60.7 |
| 2002 | 33.9 | 25.1 | 67.0 | 65.9 | 66.8 |
| 2003 | 28.2 | 19.4 | 62.2 | 61.1 | 65.0 |
| 2004 | 34.7 | 19.0 | 67.0 | 69.0 | 67.5 |
| 2005 | 21.3 | 12.8 | 63.8 | 64.1 | 61.9 |
| 2006 | 31.9 | 17.3 | 61.0 | 60.1 | 63.5 |
| 2007 | 45.6 | 28.5 | 65.7 | 64.8 | 63.0 |
| 2008 | 51.4 | 37.0 | 64.0 | 68.1 | 64.6 |
| 2009 | 55.6 | 36.2 | 63.2 | 69.7 | 63.8 |
| 2010 | 53.5 | 41.8 | 67.1 | 59.6 | 64.6 |
| 2011 | 33.8 | 19.8 | 68.2 | 67.2 | 66.2 |
| 2012 | 31.3 | 21.3 | 69.0 | 69.4 | 69.6 |
| 2013 | 40.4 | 26.9 | 72.3 | 71.5 | 69.9 |
| 2014 | 42.7 | 31.1 | 65.3 | 66.8 | 66.8 |

¹ Ambient monitoring location = STORET 22820001

Appendix D --- Watershed Model Development

Watershed and in-lake modeling were used in conjunction with analysis of observed water quality data to develop the Total Maximum Daily Load (TMDL) for the algae impairment to Lake of the Hills in Scott County, Iowa. This TMDL targets an allowable phosphorus load that will satisfy the algae impairment (see Section 3 of this document for details). Reduction of phosphorus is expected to reduce algal blooms, which decrease water clarity and impair recreational use of the lake. The Spreadsheet Tool for Estimating Pollutant Load (STEPL), version 4.1, was utilized to simulate watershed hydrology and pollutant loading. In-lake water quality simulations were performed using BATHTUB 6.1, an empirical lake and reservoir eutrophication model. The integrated watershed and in-lake modeling approach allows the holistic analysis of hydrology and water quality in Lake of the Hills and its watershed. This section of the Water Quality Improvement Plan (WQIP) discusses the modeling approach and development of the STEPL watershed and BATHTUB lake models.

D.1. Modeling Approach

Data from a 14-year period of record, 2001-2014, were analyzed and used to develop watershed and lake models for the simulation and prediction of phosphorus loads and inlake response. Models representing a variety of conditions (e.g., wet, dry) and various years were developed. This process was instructive in understanding watershed and inlake processes, and in the validation of model inputs and calibration. However, only data from 2008-2012 were utilized in the final calibrated model for development of the numeric TMDL. This simulation period is identical to the water quality assessment period upon which the 2014 Integrated Report and 303(d) list were generated. As such, it best reflects the conditions of the algae impairment.

D.2. STEPL Model Description

STEPL is a watershed-scale hydrology and water quality model developed for the U.S. Environmental Protection Agency (EPA) by Tetra Tech, Incorporated. STEPL is a longterm average annual model used to assess the impacts of land use and best management practices on hydrology and pollutant loads. STEPL is capable of simulating a variety of pollutants, including sediment, nutrients (nitrogen and phosphorus), and 5-day biochemical oxygen demand (BOD5). Required input data is minimal if the use of county-wide soils and coarse precipitation information is acceptable to the user. If available, the user can modify soil and precipitation inputs with higher resolution and local soil and precipitation data. Precipitation inputs include average annual rainfall and rainfall correction factors that describe the intensity (i.e., runoff producing) characteristics of long-term precipitation. Characteristics that affect STEPL estimates of hydrology and pollutant loading include land cover types, population of agricultural livestock, wildlife populations, population served by septic systems, and urban land uses. STEPL also quantifies the impacts of manure application and best management practices (BMPs). Almost all STEPL inputs can be customized if site-specific data is available and more detail is desired.

The watershed was divided into 8 subbasins to help quantify the relative pollutant loads stemming from different areas of the watershed and to assist with targeting potential BMP locations. Hydrology and pollutant loadings are summarized for each subbasin and also aggregated as watershed totals.

D.3. Meteorological Input

Precipitation Data

The STEPL model includes a pre-defined set of weather stations from which the user may obtain precipitation-related model inputs. Unfortunately, none of the NWS COOP stations within a reasonable distance of Lake of the Hills are included in the STEPL model. Therefore, rainfall data from the NWS COOP station at Muscatine, Iowa, was used for modeling purposes. Weather station information and rainfall data were reported in Section 2.1 (see Table 2.2 and Figures 2.2 and 2.3.)

Average annual precipitation from 2008-2012 was 45.1 inches/year, well above the 14-year (2001-2014) annual average of 39.3 inches. In 2009, 55.6 inches of rainfall fell at the Muscatine station, compared with only 21.3 inches in 2005. The preceding years (2001-2007) were far drier, with an annual average of only 34.2 in/yr. Annual rainfall used in the STEPL model spanned the 2001-2013 time period in order to simulate dry and wet precipitation patterns.

The STEPL precipitation correlation and rain day correction factors were calculated outside of STEPL and entered directly in the STEPL "Input" worksheet to override the default rainfall data. Precipitation data from the modeling period of 2001-2014 were utilized in parameterization. The rain day correction factor of 0.383 was calculated by dividing the number of days that it rained at least 5 mm by the number of days with at least 1 mm of rainfall. This ratio is intended to estimate the number of days that could potentially generate surface runoff. Precipitation inputs are reported in Table D-1, as entered in the "Input" worksheet of the 2008-2012 Lake of the Hills STEPL model.

Table D-1. STEPL rainfall inputs (2008-2012 average annual data)

| Rain correcti | on factors | | |
|---------------------------------|--------------------|---------------------------------|--|
| ¹ 0.872 | ² 0.383 | | |
| ³ Annual Rainfall | ⁴Rain Days | ⁵ Avg. Rain/Event | Input Notes/Descriptions |
| | | | ¹ The percent of rainfall that exceeds 5 mm per event |
| | | | ² The percent of rain events that generate runoff |
| 39.3 | 132 | 0.678 | ³ Annual average precipitation from 2008-2012 (in) |
| | | | ⁴ Average days of precipitation per year (days) |
| | | | ⁵ Average precipitation per event (in) |

D.4. Watershed Characteristics

Topography

The Lake of the Hills watershed was delineated into 8 subbasins using ArcGIS (version 10.1) and a 3-meter resolution digital elevation model (DEM) developed by the Iowa

Department of Natural Resources (DNR). Figure D-1 illustrates the watershed and subbasin boundaries. The subbasins were chosen to aid in identifying key sources of phosphorus within the Lake of the Hills watershed. Basins 1, 4, 5, and 8 contain almost no urban areas and consist almost entirely of cropland, grassland, and timber. All heavy residential and urban areas are limited to subbasins 2, 3, 6, and 7. The difference in land use distribution will not only aid in identifying sources of total phosphorus, but will support best management practice strategies in water quality improvement programs in the future.

Land Use

A Geographic Information System (GIS) coverage of land use information was developed using the Cropland Data Layer (CDL) for year 2012, which was obtained from the United States Department of Agriculture – National Agricultural Statistics Service (USDA-NASS, 2013). The CDL land cover data is summarized by Common Land Units (CLUs). According to the USDA – Farm Service Agency, CLUs are the smallest units of land that have a permanent, contiguous boundary, common land cover, common owner, and common producer (USDA-FSA, 2013). Cropping decisions can change from year to year and several instances were observed where a single CLU contained multiple land cover types in the same year. In such cases, CLU boundaries were split to incorporate all major land covers into the STEPL model. Because land cover pixels are much smaller than CLU field boundaries, many CLUs have one primary land cover, but small isolated pixels with several minor land cover types. In those cases, the dominant land cover within each CLU boundary was determined using a zonal statistic command within Spatial Analyst. This step served as a land cover "filter" to simplify the data and eliminate small isolated pixels of various land uses within a single field boundary. The inconsistent nature of land use for various crop rotation strategies within the Lake of the Hills watershed led to the inclusion of soybean and corn land uses into the "Cropland" land use within STEPL. STEPL land cover classifications are reported in Table D-2, with land use distribution previously illustrated in the map (Figure 2-5) and table (Table 2-3) in Section 2.2.

Table D-2. STEPL land use inputs

| | | | | | ² User | |
|--------------------|--------------------|----------|-------------|--------|-------------------|----------------------|
| Watershed | ¹ Urban | Cropland | Pastureland | Forest | Defined | ³ Total |
| W1 | 11.48 | 20.22 | 0.00 | 63.36 | 6.64 | 101.70 |
| W2 | 53.13 | 35.45 | 0.00 | 41.67 | 64.83 | 195.08 |
| W3 | 26.17 | 34.10 | 41.54 | 34.38 | 20.58 | 156.77 |
| W4 | 9.65 | 150.06 | 20.75 | 0.00 | 2.02 | 182.48 |
| W5 | 1.17 | 113.68 | 0.00 | 48.47 | 7.34 | 170.66 |
| W6 | 79.89 | 0.00 | 0.00 | 122.93 | 26.62 | 229.44 |
| W7 | 116.51 | 0.00 | 0.44 | 3.2 | 0.00 | 120.15 |
| W8 | 35.49 | 317.21 | 28.30 | 16.57 | 11.13 | 408.70 |
| ³ Total | 333.49 | 670.72 | 91.03 | 330.58 | 139.16 | ³ 1564.98 |

¹Urban includes all developed areas, including roads and farmsteads

²Includes non-pasture grassland and conservation reserve programs

³Totals exclude open water in STEPL land use inputs

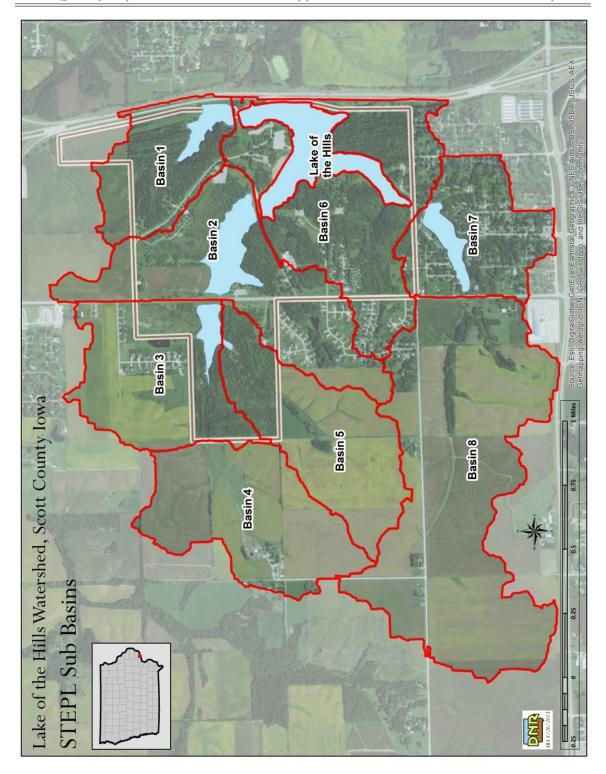


Figure D-1. STEPL subbasin map

Each land cover type was assigned a specific USLE C-factor and P-factor (Table D-3), based on regional estimates developed by DNR and Soil and Water Conservation district personnel for watershed assessments performed in the same ecoregion. C- and P-factors were assigned to each CLU using best available data. P-factors for row crop fields ranged from 0.9 to 1, with values of 1 representing no existing erosion practices. C-factors vary widely, from 0.0 for paved roads to 0.26 for row crops with extensive tillage and little plant residue. All USLE parameters were area-weighted and summarized for each subwatershed before input to the STEPL model.

Table D-3. C- and P-factors for each land cover and practice (BMP)

| Land Cover Description | C-Factor | Practice | P-Factor | | | |
|--|----------|-----------------|----------|--|--|--|
| Corn-Soybeans; Conventional-Till | 0.260 | Terraces | 0.6 | | | |
| Corn-Soybeans; Mulch-Till | 0.125 | Contour Farming | 0.7 | | | |
| Corn-Soybeans; No-Till Beans, Mulch-Till | | | | | | |
| Corn | 0.080 | Contour Buffers | 0.7 | | | |
| Corn-Soybeans; No-Till Beans and Corn | 0.050 | Field Buffers | 0.8 | | | |
| Grassland and Pasture | 0.008 | Ponds/Basins | 0.4 | | | |
| Farmstead | 0.020 | | | | | |
| Timber | 0.013 | | | | | |
| Road | 0.000 | | | | | |

Soils

Soils are discussed in detail in Section 2.2. The hydrologic soil group (HSG) and the USLE K-factor are the critical soil parameters in the STEPL model. Watershed soils are predominantly HSG type C soils, with some D and E soils near the riparian corridors and small areas of B soils in upland zones. HSG values were area-weighted for each subbasin and used to modify curve numbers (CNs) in STEPL. Area-weighted calculations concluded HSG C is appropriate for all eight sub basins. USLE K-factors are also specific to each soil type, and were area-weighted in the same fashion as C- and P-factors and entered into the "Input" worksheet in the STEPL model.

Slopes

Slopes are described in more detail in Section 2.2. USLE land slope (LS) factors were obtained from the SSURGO data and were assigned at the field-scale, then area-weighted to develop land-use specific LS factors for each STEPL subwatershed. Resulting LS-factors in entered into the "Input" worksheet in the STEPL model vary between 0.45 and 3.14.

Curve Numbers

The STEPL model includes default curve numbers (CNs) selected automatically based on HSG and land use. CNs in the Lake of the Hills STEPL model were manually adjusted by area-weighting HSG values so that differences in soil types are better reflected in CN values. Urban land use curve numbers were developed within STEPL based on percent landuse of the urban subcategories. The remaining land uses were manually adjusted corresponding to level of best management practices (BMP) in the subwatershed. These

may include terraces, filter strips, contour farming, and reduced tillage. Table D-4 lists the resulting CNs for each land use and subwatershed in the STEPL model.

Table D-4. STEPL curve numbers

| Subwatershed | ¹ Urban | Cropland | ² Pastureland | Forest/Timber | ³ User Defined |
|--------------|--------------------|----------|--------------------------|---------------|------------------------------|
| W1 | 98 | 85 | 79 | 73 | 80 |
| W2 | 97.1 | 85 | 79 | 73 | 80 |
| W3 | 90.2 | 85 | 79 | 73 | 80 |
| W4 | 84.5 | 85 | 79 | 73 | 80 |
| W5 | 81.8 | 85 | 79 | 73 | 80 |
| W6 | 95.2 | 85 | 79 | 73 | 80 |
| W7 | 82.3 | 85 | 79 | 73 | 80 |
| W8 | 89 | 85 | 79 | 73 | 80 |

¹Urban includes all developed areas, including transportation, residential, and industrial

Sediment Delivery Ratio

The sediment load to each lake in the Lake of the Hills watershed will be dependent upon watershed morphology, water velocity, residence time, and other factors. The sediment load to the lake is smaller than total sheet and rill erosion because some of the eroded material is deposited in depressions, ditches, or streams before it reaches the watershed outlet (i.e., the lake). The sediment delivery ratio (SDR) is the portion of sheet and rill erosion that is transported to the watershed outlet. STEPL calculates the SDR for each subbasin using a simple empirical formula based on drainage area (i.e., subbasin area). The resulting SDR values range from 0.53 (Subbasin 1) to 0.32 (Subbasin 6). Figure D-2 shows an empirical RUSLE assessment done outside of STEPL that confirms average sediment delivery ratios calculated in STEPL for the Lake of the Hills watershed.

²Pastureland includes pasture and alfalfa ground in crop rotations.

³User defined area include remaining perennial grasslands and CRP ground

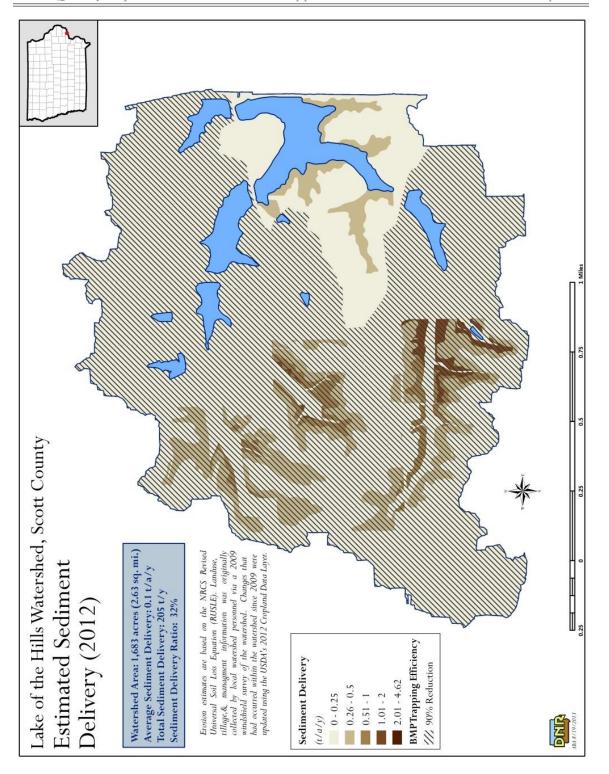


Figure D-2. RUSLE calculated sediment delivery ratio for Lake of the Hills watershed

D.5. Animals

Agricultural Animals and Manure Application

The STEPL model utilizes livestock population data and the duration (in months) that manure is applied to account for nutrient loading from livestock manure application. There are an estimated 10 dairy cattle and 25 cow-calf beef pairs in the Lake of the Hills watershed. It was assumed that manure built up throughout the year is field-applied and at the soil surface two months of the year. Manure application is expected to occur over the course of 4 weeks (1 month total) in the spring and fall. However, as an annual average loading model, STEPL does not separate application times. There are no livestock confinements within the Lake of the Hills watershed that are designated as point sources, therefore the WLA is zero. Any future developments in the Lake of the Hills watershed regarding animal feeding operations will be required to be zero-discharge facilities.

Livestock Grazing

There are no significant cattle grazing operations in the Lake of the Hills watershed. Most of the grassland is ungrazed, with the few exceptions being small, isolated areas to a small dairy operation and a small beef lot. Erosion and nutrient loss from all perennial grasslands and conservation reserve programs (CRP) are associated with the "user defined" landuse in the STEPL model, which likely results in a slight over-estimate of TP loads from this source. Erosion from pasture is treated separately since grazing may occur late in the year. The pasture (and other grassland that may be in poor condition) carries sediment-bound phosphorus, which is accounted for by using a sediment nutrient enrichment ratio of 2.0 (the STEPL default). A phosphorus concentration of 0.06 was used to simulate phosphorus loads from shallow groundwater in grazed areas.

Open Feedlots

Feedlot operators are not required to report open feedlot information to DNR for feedlots with less than 1,000 animal units (AUs), and these facilities are considered unregulated. Open feedlots with 1,000 AUs or more must develop and submit a Nutrient Management Plan to the Iowa DNR. There is one known unregulated open feedlot with a historical average capacity of 10 head of dairy cattle. As an unregulated source, this facility is not covered by the WLA, but manure from this feedlot is applied to row crops in the STEPL model. The facility is not explicitly simulated as a feedlot in STEPL per model guidelines because it is not hydrologically connected to any watercourse that drains to Lake of the Hills. No other active feedlots are documented in the DNR Animal Feeding Operations Database, nor were any observed during several field visits.

Wildlife

The estimated deer population in the Lake of the Hills watershed is based on the Scott County Conversation Board estimate and the deer harvest rate from Scott County (Park Deputy Director, January 14, 2016, personal communication). The estimated county-wide average deer density is approximately 5 deer per square mile, but an average of 10 deer per square mile was entered in the "Animals" worksheet of the STEPL model for lake of the Hills watershed to account for increased density of deer around the lake. Population

densities of 10 raccoons, 10 beavers, and 10 other per square mile were used to account for other wildlife (e.g., furbearers, upland birds, etc.) for which data is lacking.

Phosphorus contributions from waterfowl in and near the lake by Canada geese were also simulated by STEPL. An estimate of goose population and subsequent phosphorus contributions at Lake of the Hills were provided by DNR staff. On an annual average basis, there are 50 geese residing at the lake; however, populations vary throughout the year due to migratory patterns and nesting seasons.

D.6. Septic Systems

A GIS coverage of rural population in areas with private onsite wastewater treatment systems (e.g., septic systems) is available from DNR. Using the rural population in each subbasin and the assumption that each septic system serves 2.43 people (national average per STEPL default), the number of septic systems in each subbasin was calculated. A coverage provided by the Scott County Conservation Board is shown in figure D-2. This shows the location, relative age, and density of septic systems in the Lake of the Hills watershed. The location was used in allocating the septic systems to the various sub basins within STEPL. The age of each system helped determine the most appropriate failure rate for each range of systems. The density of the septic systems helped provide a "check" to ensure loading values from STEPL were consistent with the data provided by SCCB. There were 247 separate septic systems in the Lake of the Hills watershed, with the majority either being installed before 1990 or after 2000. Newer homes were centered around development nearest to Lake of the Hills. It is presumed that development will continue. The West Lake park facilities and Mobile Home Park were not included in this septic system study.

The mobile home park surrounding Lake Canyada was in operation during the assessment period (2008-2012), but has subsequently been closed. Waste from the mobile home park, West Lake Park, and commercial spaces in the area were routed to the West Lake Treatment Facility east of Lake of the Hills. Treated effluent was then discharged downstream of Lake of the Hills in Black Hawk Creek. However, during the assessment period there were several complaints of leaky tile lines and untreated sewage being discharged to Lake Canyada from the mobile home park area. Excessive infiltration and inflow from the mobile home park were modeled by adding septic systems with an appropriate failure percentage to sub basin W7 in STEPL.

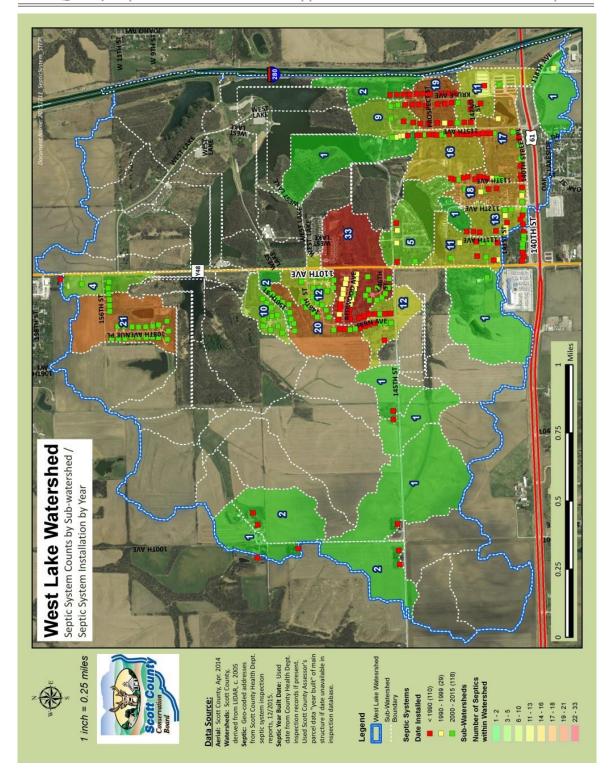


Figure D-3. Septic system distribution in Lake of the Hills sub basins provided by SCCB

D.7. References

U.S. Department of Agriculture – Farm Service Agency (USDA-FSA). 2013. http://www.fsa.usda.gov/Internet/FSA_File/clu_2007_infosheetpdf.pdf. Accessed August 2013.

U.S. Department of Agriculture – National Agricultural Statistical Summary (USDANASS). 2013. http://nassgeodata.gmu.edu/CropScape/. Accessed August 2013.

Appendix E --- Water Quality Model Development

Two models were used to develop the Total Maximum Daily Load (TMDL) for Lake of the Hills. Watershed hydrology and pollutant loading was simulated using the Spreadsheet Tool for Estimating Pollutant Load (STEPL), version 4.1. STEPL model development was described in detail in Appendix D.

In-lake water quality simulations were performed using BATHTUB 6.14, an empirical lake and reservoir eutrophication model. The BATHTUB model developed for Lake of the Hills does not simulate dynamic conditions associated with storm events or individual growing seasons. Rather, the model predicts average water quality in the assessment period for the 2014 Integrated Report (2008-2012). This appendix discusses development of the BATHTUB model. The integrated watershed and in-lake modeling approach allows the holistic analysis of hydrology and water quality in Lake of the Hills and its watershed.

E.1. BATHTUB Model Description

BATHTUB is a steady-state water quality model developed by the U.S. Army Corps of Engineers that performs empirical eutrophication simulations in lakes and reservoirs (Walker, 1999). Eutrophication-related parameters are expressed in terms of total phosphorus (TP), total nitrogen (TN), chlorophyll a (chl-a), and transparency. The model can distinguish between organic and inorganic forms of phosphorus and nitrogen, and simulates hypolimnetic oxygen depletion rates. Water quality predictions are based on empirical models that have been calibrated and tested for lake and reservoir applications (Walker, 1985). Control pathways for nutrient levels and water quality response are illustrated in Figure E-1.

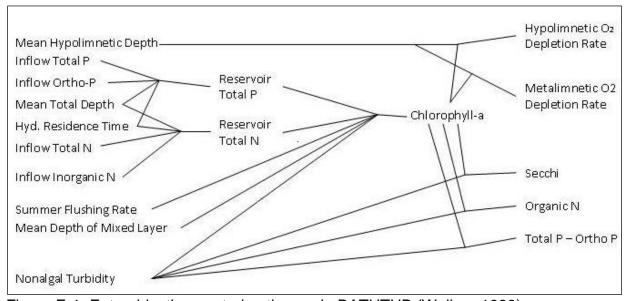


Figure E-1. Eutrophication control pathways in BATHTUB (Walker, 1999)

E.2. Model Parameterization

BATHTUB includes several data input menus and modules to describe lake characteristics, simulation equations, and external (i.e., watershed) inputs. Data menus utilized to develop the BATHTUB model for Lake of the Hills include: model selections, global variables, segment data, and tributary data. The model selections menu allows the user to specify which modeling equations (i.e., empirical relationships) are used in the simulation of in-lake nitrogen, phosphorus, chlorophyll-a, transparency, and other parameters. The global variables menu describes parameters consistent throughout the lake such as precipitation, evaporation, and atmospheric deposition. The segment data menu is used to describe lake morphometry, observed water quality, calibration factors, and internal loads in each segment of the lake or reservoir. The tributary data menu specifies nutrient loads to each segment using mean flow and concentration in the averaging period. The following sub-sections describe the development of the Lake of the Hills BATHTUB model and report input parameters for each menu.

Model Selections

BATHTUB includes several models and empirical relationships for simulating in-lake nutrients and eutrophication response. For TP, TN, chlorophyll-a, and transparency, Models 1 and 2 are the most general formulations, based upon model testing results (Walker, 1999). Alternative models are provided in BATHTUB to allow use of other eutrophication models, evaluate sensitivity of each model, and facilitate water quality simulation in light of data constraints.

Table E-1 reports the models selected for each parameter used to simulate eutrophication response in Lake of the Hills. Preference was given to Models 1 and 2 during evaluation of model performance and calibration of the Lake of the Hills model, but final selection of model type was based on applicability to lake characteristics, availability of data, and agreement between predicted and observed data. The default models were utilized to predict in-lake phosphorus levels because it provided the best agreement with observed data, and because Lake of the Hills is a reservoir and representative of aquatic systems for which this model was developed. Model performance is discussed in more detail in Appendix F.

| Tabla | F_1 | Modal | selections t | for Lake of | f tha Hille |
|-------|------|-------|--------------|-------------|-------------|
| Table | C-1. | woder | Selections | ioi Lake oi | i ine milis |

| Parameter | Model No. | Model Description |
|-------------------------|-----------|---------------------------------|
| Total Phosphorus | *01 | 2 nd order, Avail. P |
| Total Nitrogen | *00 | not computed |
| Chlorophyll-a | *02 | P, Light, T |
| Transparency | *01 | vs. chlorophyll-a & turbidity |
| Longitudinal Dispersion | *01 | Fischer-numeric |
| Phosphorus Calibration | *01 | decay rates |
| Nitrogen Calibration | *01 | decay rates |
| Availability Factors | *00 | ignore |

^{*} Asterisks indicate BATHTUB defaults

Global Variables

Global input data for Lake of the Hills are reported in Table E-2. Global variables are independent of watershed hydrology or lake morphometry, but affect the water balance and nutrient cycling of the lake. The first global input is the averaging period. Both seasonal and annual averaging periods are appropriate, depending on site-specific conditions. An annual averaging period was utilized to quantify existing loads and in-lake water quality, and to develop TMDL targets for Lake of the Hills.

Table E-2. Global variables data for 2008-2012 simulation period

| Parameter | Observed Data | BATHTUB Input |
|----------------------------------|---------------|-----------------------------|
| Averaging Period | Annual | 1.0 year |
| ¹ Precipitation | 39.3 in | 1.00 m |
| ¹ Evaporation | 33.9 in | 0.85 m |
| ² Increase in Storage | 0 | 0 |
| ³ Atmospheric Loads: | | |
| TP | 0.3 kg/ha-yr | 30 mg/m²-yr |
| TN | 7.7 kg/ha-yr | 770.3 mg/m ² -yr |

¹Precip and evaporation data are from 2001-2014 in order to provide accurate long term data

Precipitation was summarized for the 14-year period of 2001-2014 from the National Weather Service Cooperative weather station at Muscatine, Iowa (IEM, 2013a). Potential evapotranspiration data for the same period was obtained from the Muscatine, Iowa weather station via the ISU Ag Climate database (IEM, 2013b). Net change in reservoir storage was assumed to be zero. The 14 year period from 2001-2014 was chosen in order to reduce the influence of above average rainfall conditions during the assessment period. It was shown in Section 3.1 (Figure 3-9) that precipitation is not highly correlated with total phosphorus and the impairments seen at Lake of Hills. For this reason, it was assumed the long term average climate conditions may be a more suitable basis for global variable data. These data were summarized and converted to BATHTUB units (meters) and entered in the global data menu. Atmospheric deposition rates were obtained from a regional study (Anderson and Downing, 2006). Nutrient deposition rates are assumed constant from year to year.

Segment Data

Lake morphometry, observed water quality, calibration factors, and internal loads are all included in the segment data menu of the BATHTUB model. Separate inputs can be made for each segment of the lake or reservoir system that the user wishes to simulate. In lakes with simple morphometry and one primary tributary, simulation of the entire lake as one segment is often acceptable. If evaluation of individual segments of the lake (or inflowing tributaries) is desirable, the lake can be split into multiple segments. Each segment may have a distinct tributary.

The Lake of the Hills BATHTUB model includes 5 lake segments to facilitate simulation of diffusion, dispersion, and sedimentation that occur as water traverses between four upstream lakes (Blue Grass Lake, Railroad Lake, Lake Lambach, and Lake Canyada) and

²Change in lake volume from beginning to end of simulation period.

³From Anderson and Downing, 2006.

the main body, Lake of the Hills. Each segment of the lake system has a unique tributary system of STEPL basins that feed into the water body. This relationship is shown in Table E-5. The Lake of the Hills segment contains the deep water area in which water quality data is regularly collected through DNR's Ambient Monitoring Program. Because the ambient monitoring location is used for listing and delisting purposes, the TMDL target applies only to this segment of the lake system. Figure E-2 shows the location and naming convention of each lake in the BATHTUB model. Table E-4 shows the model variables for the monitored and assessed segment.

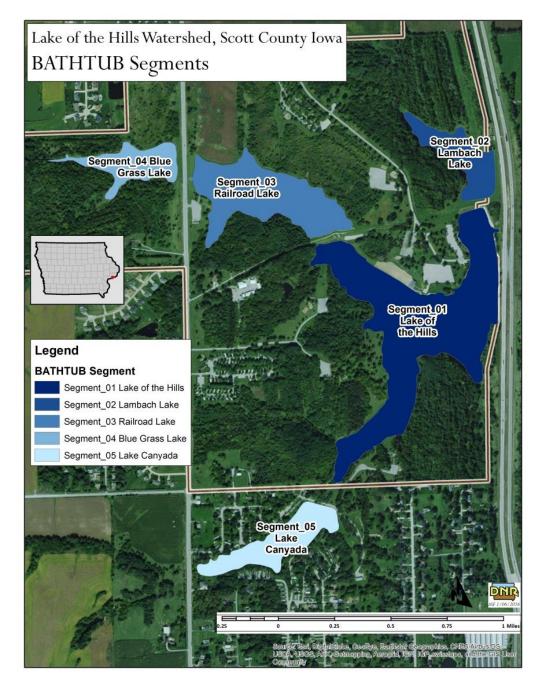


Figure E-2. Lake segmentation in BATHTUB model.

Each lake in the Lake of the Hills system is separated by inlet and outlet control structures leading to limited mixing and diffusion between each lake in normal conditions. For this reason, each lake segment was given a unique segment group (1 to 5) to properly model the connectivity of the lake system.

Segment morphometry was calculated for each segment in the model. Bathymetric survey data and ESRI GIS software was used to estimate segment surface area, mean depth, and segment length. Temperature and dissolved oxygen (DO) profiles were used to estimate the mixed layer and hypolimnetic depth at the ambient monitoring location in Lake of the Hills. All other segments were determined to be unstratified due to their shallowness in relation to Lake of the Hills. Segment physical parameters input into BATHTUB for the lake system area shown in Table E-3.

Table E-3. Segment morphometry for the Lake of the Hills lake system

| Segment | Outflow Segment | Segment Group | Surface Area (km²) | Mean Depth (m) | Length (km) |
|-------------------|--------------------|------------------|-----------------------|-------------------|----------------|
| Lake of the Hills | Out of reservoir | 1 | 0.224 | 2.99 | 1.10 |
| Lake Lambach | Lake of the Hills | 2 | 0.039 | 2.94 | 0.443 |
| Railroad Lake | Lake of the Hills | 3 | 0.098 | 2.14 | 0.529 |
| Blue Grass Lake | Railroad Lake | 4 | 0.037 | 0.74 | 0.482 |
| Lake Canyada | Lake of the Hills | 5 | 0.049 | 1.80 | 0.524 |

Mean water quality parameters observed for the assessment period (2008-2012) are reported in Table E-4. These data were compared to output in the Lake of the Hills segment of the BATHTUB lake model to evaluate model performance and calibrate the BATHUB and STEPL models for each scenario. Data for model calibration was available only in Lake of the Hills. The TMDL and future water quality assessment and listing will be based solely on water quality data from Lake of the Hills.

Table E-4. Ambient (Segment A) water quality (2008-2012 annual means)

| | <u>, , , , , , , , , , , , , , , , , , , </u> | |
|------------------|---|----------------------------|
| Parameter | Measured Data | ¹ BATHTUB Input |
| Total Phosphorus | 72.5 μg/L | 72.5 ppb |
| Total Nitrogen | 1.39 mg/L | Not computed |
| Chlorophyll-a | 42.5 μg/L | 42.6 ppb |
| Secchi Depth | 0.65 m | 0.65 m |

Measured or monitored data converted to units required by BATHTUB ppb = parts per billion = micrograms per liter (ug/L)

Tributary Data

The empirical eutrophication relationships in the BATHTUB model are influenced by the global and segment parameters previously described, but are heavily driven by flow and nutrient loads from the contributing drainage area (watershed). Flow and nutrient loads can be input to the BATHTUB model in a number of ways. Flow and nutrient loads used in the development of the Lake of the Hills BATHTUB model utilize watershed hydrology and nutrient loads predicted using the STEPL model described in Appendix D. Output from STEPL includes annual average flow and nutrient loads. Table E-5

summarizes the physical parameters and monitored inputs for the Lake of the Hills lake system.

Table E-5. Tributary data for the Lake of the Hills lake system

| Tributary name | Segment | Total Watershed Area (km²) | Annual Flow Rate (hm³/yr) | STEPL Total P concentration (ppb) |
|----------------|-------------------|----------------------------------|---------------------------------|---|
| Sub_Basin_1 | Lambach Lake | 0.45 | 0.15 | 405.7 |
| Sub_Basin_2 | Railroad Lake | 0.86 | 0.329 | 584.54 |
| Sub_Basin_3 | Blue Grass Lake | 0.69 | 0.228 | 1240.3 |
| Sub_Basin_4 | Blue Grass Lake | 0.74 | 0.295 | 879.8 |
| Sub_Basin_5 | Blue Grass Lake | 0.69 | 0.258 | 2225.7 |
| Sub_Basin_6 | Lake of the Hills | 0.94 | 0.376 | 269.66 |
| Sub_Basin_7 | Lake Canyada | 0.53 | 0.148 | 1694.5 |
| Sub_Basin_8 | Lake Canyada | 1.66 | 0.659 | 641.8 |

Tributary data were obtained from the STEPL model, converted to units consistent with BATHTUB, and entered in the tributary data menu. Table E-6 lists the STEPL subbasins that drain to the tributary and also illustrates the connectivity of BATHTUB segments.

Table E-6. Flow and transport linkages in STEPL and BATHTUB

| STEPL | BATHTUB | BATHTUB | BATHTUB |
|----------|-----------|--|---|
| Subbasin | Tributary | Segment | Segment Connections |
| W3 | | Segment_02 Segment_03 Segment_04 Segment_01 | Lake Lambach Railroad Lake Blue Grass Lake Lake of the Hills Lake Canyada |

E.3. References

Anderson, K., and J. Downing. 2006. Dry and wet atmospheric deposition of nitrogen, phosphorus, and silicon in an agricultural region. Water, Air, and Soil Pollution, 176:351-374.

Iowa Environmental Mesonet (IEM). 2013a. Iowa State University Department of Agronomy. Iowa Ag Climate Network. Download available at http://mesonet.agron.iastate.edu/request/coop/fe.phtml Accessed in August 2013.

Iowa Environmental Mesonet (IEM). 2013b. Iowa State University Department of Agronomy. Iowa Ag Climate Network. Download available at http://mesonet.agron.iastate.edu/agclimate/hist/dailyRequest.php. Accessed in August 2013.

Walker, W. 1985. Empirical methods for predicting eutrophication in impoundments; Report 4, Phase III: Applications manual, "Technical Report E-81-9, U.S. Army Engineer Waterways Experiment Station, Vicksburg, Mississippi.

Walker, W. 1996 (Updated 1999). Simplified Procedures for Eutrophication Assessment and Prediction: User Manual. US Army Corps of Engineers Waterways Experiment Station. Instruction Report W-96-2.

Appendix F --- Model Performance and Calibration

The Lake of the Hills watershed and water quality models were calibrated by comparing simulated and observed local and regional data. The primary source of calibration data is the ambient lake monitoring data collected by Iowa State University (ISU) and the University of Iowa State Hygienic Laboratory (UHL) between 2001 and 2014. Literature values and results from regional studies regarding sediment and phosphorus exports in similar watersheds were also utilized to evaluate model performance. Calibration was an iterative process that involved running both the watershed model (STEPL) and in-lake model (BATHTUB), and refining model parameters to (1) produce simulated values that were within reasonable ranges according to similar studies, and (2) provide good agreement with observed water quality in Lake of the Hills.

F.1. STEPL Performance and Calibration

The STEPL model is a long-term average annual simulation model, and is incapable of simulating storm events or short-term fluctuations in hydrology and nutrient loads. There is no long-term monitoring data for tributaries or upstream lakes in the Lake of the Hills watershed, therefore model calibration relied heavily upon sediment and phosphorus exports reported in similar watersheds in the region. Table F-1 reports estimated sheet and rill erosion rates found in several Iowa watersheds that lie within the Southern Iowa Drift Plain ecoregion, which is characterized by irregular plains with open, low hills and moderate loess soils overlaying loamy and clay glacial till.

Table F-1. Sheet and rill erosion in watersheds near Lake of the Hills

| Watershed | County | Area (acres) | Proximity (miles) | Erosion (tons/ac/yr) |
|--------------------------------|------------|--------------------|-------------------|----------------------|
| Lake Darling | Washington | 12,763 | 67 | 6.7 |
| Kent Park Lake | Johnson | 687 | 56 | 2.1 |
| Central Park Lake | Jones | 1,699 | 47 | 3.8 |
| Duck Creek | Scott | 22,816 | 20 | 6.1 |
| ¹ Lake of the Hills | Scott | ² 1,683 | | 2.8 |

¹Annual sheet/rill erosion estimated for this TMDL using STEPL (2008-2012).

The Lake of the Hills STEPL model predicts sheet and rill erosion rates that are consistent with those predicted by DNR for other watersheds in the ecoregion. The 2008-2012 simulated annual average sheet and rill erosion rate was 2.8 tons/acre, compared with average estimated rates between 2.1 and 6.7 tons/acre/year estimated in other watersheds. Note that erosion rates in Table F-1 reflect sheet and rill erosion, not sediment delivered to the lake. Figure F-1 shows the sheet and rill erosion in the Lake of the Hills watershed. Terraced areas are shown with hash marks, mostly occurring upstream of major erosion sites. This may indicate the need for rehabilitating existing terraces or other BMPs in the watershed.

²Area per updated delineation (includes area of lake)

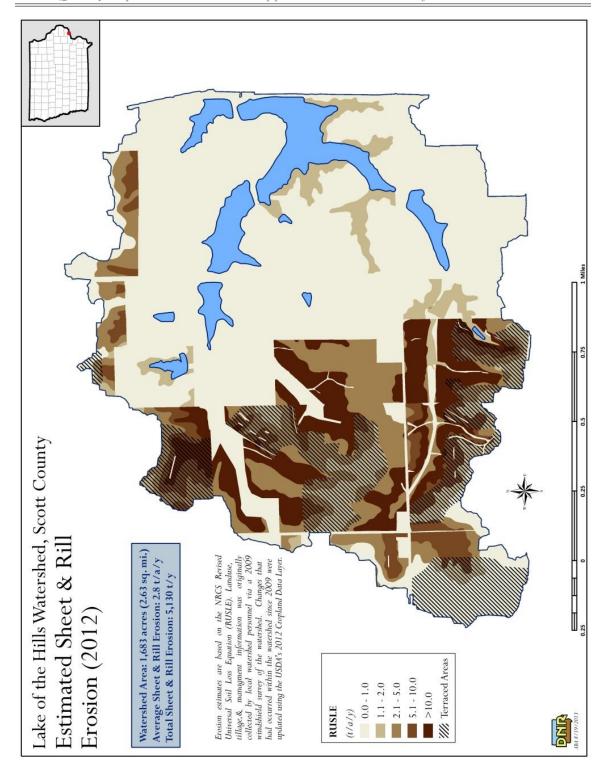


Figure F-1. Sheet and rill erosion in the Lake of the Hills watershed, 2012

F.2. BATHTUB Model Performance

Performance of the BATHTUB model was assessed by comparing predicted water quality with observed data collected in Lake of the Hills. Simulation of TP concentration and chlorophyll-a (algae) was critical for TMDL development, and were the focus of calibration efforts. Secchi depth predictions were also calibrated because transparency is frequently correlated with algal growth and is also used to determine impairment status. Nitrogen constituents are less important because Lake of the Hills is not nitrogen limited.

Calibration

Table F-2 reports observed and predicted annual average TP, chlorophyll-a, and Secchi depths in the open water area (Segment 01) of Lake of the Hills, along with the dispersion model and calibration coefficients for each parameter of interest. More comprehensive observed data is reported in Appendix C. Predicted water quality is based on BATHTUB simulations, and the calibration coefficients were iteratively adjusted in order to obtain the best possible agreement between observed and predicted water quality, while minimizing changes in the default coefficients. The calibration period was 2008-2012, the period on which the 2014 Water Quality Assessment was based.

Calibration coefficients listed alongside the simulated values in Table F-2 were entered in the "Segments" menu of the BATHTUB model, and apply to only the Lake of the Hills segment of the lake system. Other lake system segments were uncalibrated due to lack of historical water quality data. Calibration coefficients for Lake of the Hills are within the recommended range according to the BATHTUB user guidance (Walker, 1999). A long-term "validation" model was used to test the calibration coefficients against long-term data. This is not a true validation because it includes the same years as the calibration period. However, it indicates that the model, as calibrated, would do a reasonably good job of simulating long-term chlorophyll-a levels.

Table F-2. Observed and simulated water quality with calibration factors

| Parameter | ¹ Observed | ² Predicted | Calibration Coefficient | | | | |
|-------------------------------------|---|------------------------|----------------------------|--|--|--|--|
| Asse | Assessment period and TMDL conditions (2008-2012) | | | | | | |
| ³ Dispersion coefficient | | | | | | | |
| Total Phosphorus (ug/L) | 72.5 | 72.5 | 1.610 | | | | |
| Chlorophyll-a (ug/L) | 42.5 | 42.5 | 1.605 | | | | |
| Secchi depth (m) | 0.65 | 0.65 | 1.00 | | | | |
| | Long-term "validation" period (2001-2013) | | | | | | |
| ³ Dispersion coefficient | | | | | | | |
| Total Phosphorus (ug/L) | 70.0 | 72.4 | 1.610 | | | | |
| Chlorophyll-a (ug/L) | 37.4 | 42.4 | 1.605 | | | | |
| Secchi depth (m) | 0.7 | 0.7 | 1.00 | | | | |

¹Average concentration observed at ambient monitoring location

²Average annual concentration predicted in Segment_01 of BATHTUB lake model

³Dispersion between lakes controlled by introducing multiple segment groups

F.3. References

U.S. Geological Survey (USGS), 2001. Water Quality Assessment of the Eastern Iowa Basins – Nitrogen, Phosphorus, Suspended Sediment, and Organic Carbon in Surface

Walker, W. 1996 (Updated 1999). Simplified Procedures for Eutrophication Assessment and Prediction: User Manual. US Army Corps of Engineers Waterways Experiment Station. Instruction Report W-96-2.

Appendix G --- Expressing Average Loads as Daily Maximums

In November of 2006, The U.S. Environmental Protection Agency (EPA) issued a memorandum entitled *Establishing TMDL "Daily" Loads in Light of the Decision by the U.S. Court of Appeals for the D.C. circuit in Friends of the Earth, Inc. v. EPA, et al., No. 05-5015, (April 25, 2006) and Implications for NPDES Permits.* In the context of the memorandum, EPA

"...recommends that all TMDLs and associated load allocations and waste load allocations include a daily time increments. In addition, TMDL submissions may include alternative, non-daily pollutant load expressions in order to facilitate implementation of the applicable water quality standards..."

Per the EPA requirements, the loading capacity of Lake of the Hills for TP is expressed as both a maximum annual average and a daily maximum load. The annual average load is more applicable to the assessment of in-lake water quality and water quality improvement actions, whereas the daily maximum load expression satisfies the legal uncertainty addressed in the EPA memorandum. The allowable annual average was derived using the BATHTUB model described in Appendix E, and is 1,144 lbs/year.

The maximum daily load was estimated from the allowable growing season average using a statistical approach. The methodology for this approach is taken directly from the follow-up guidance document titled *Options for Expressing Daily Loads in TMDLs* (EPA, 2007), which was issued shortly after the November 2006 memorandum cited previously. This methodology can also be found in EPA's 1991 *Technical Support Document for Water Quality Based Toxics Control*.

The *Options for Expressing Daily Loads in TMDLs* document presents a similar case study in which a statistical approach is considered the best option for identifying a maximum daily load (MDL) that corresponds to the allowable average load. The method calculates the daily maximum based on a long-term average and considers variation. This method is represented by the equation:

$$MDL = LTA \times e^{[z\sigma - 0.5\sigma^2]}$$

Where: MDL = maximum daily limit

LTA = long term average

z = z statistic of the probability of occurrence

 $\sigma^2 = \ln(CV^2 + 1)$

CV = coefficient of variation

The allowable annual average of 1,144 lbs/year is equivalent to a long-term average (LTA) daily of 3.1 lbs/day. The LTA is the allowable annual load divided by the 365-day averaging period. The average annual allowable load must be converted to a MDL. The 365-day averaging period equates to a recurrence interval of 99.7 percent and corresponding z statistic of 2.778, as reported in Table G-1. The coefficient of variation

(CV) is the ratio of the standard deviation to the mean. However, there is insufficient data to calculate a CV as it relates to TP loads to the lake, because the models are based on annual averages over several years. In cases where data necessary for calculating a CV is lacking, EPA recommends using a CV of 0.6 (EPA, 1991). The resulting σ^2 value is 0.31. This yields a TMDL of 12.54 lbs/day. The TMDL calculation is summarized in Table G-2. An explicit MOS of 10 percent (1.25 lbs) was applied, resulting in a daily LA of 11.29 lbs/day to the daily equation daily TMDL equations. The resulting TMDL, expressed as a daily maximum, is:

TMDL = LC = Σ WLA (0 lbs-TP/day) + Σ LA (11.29 lbs-TP/day) + MOS (1.25 lbs-TP/day) = **12.54 lbs-TP/day**

Table G-1. Multipliers used to convert a LTA to an MDL

| Averaging | Recurrence | Coefficient of Variation | | | | | | | | | |
|------------------|------------|--------------------------|------|------|------|------|------|------|------|------|------|
| Period (days) | Interval | Z-score | 0.2 | 0.4 | 0.6 | 0.8 | 1.0 | 1.2 | 1.4 | 1.6 | 1.8 |
| 30 | 96.8% | 1.849 | 1.41 | 1.89 | 2.39 | 2.87 | 3.30 | 3.67 | 3.99 | 4.26 | 4.48 |
| 60 | 98.4% | 2.135 | 1.50 | 2.11 | 2.80 | 3.50 | 4.18 | 4.81 | 5.37 | 5.87 | 6.32 |
| 90 | 98.9% | 2.291 | 1.54 | 2.24 | 3.05 | 3.91 | 4.76 | 5.57 | 6.32 | 7.00 | 7.62 |
| 120 | 99.2% | 2.397 | 1.58 | 2.34 | 3.24 | 4.21 | 5.20 | 6.16 | 7.05 | 7.89 | 8.66 |
| 180 | 99.4% | 2.541 | 1.62 | 2.47 | 3.51 | 4.66 | 5.87 | 7.06 | 8.20 | 9.29 | 10.3 |
| 210 | 99.5% | 2.594 | 1.64 | 2.52 | 3.61 | 4.84 | 6.13 | 7.42 | 8.67 | 9.86 | 11.0 |
| 365 | 99.7% | 2.778 | 1.70 | 2.71 | 4.00 | 5.51 | 7.15 | 8.83 | 10.5 | 12.1 | 13.7 |

Table G-2. Summary of LTA to MDL calculation for the TMDL

| Parameter | Value | Description |
|-------------|---------------|---|
| LTA | 3.1 lbs/day | Annual TMDL (1,144 lbs) divided by 365 days |
| Z Statistic | 2.778 | Based on 180-day averaging period |
| CV | 0.6 | Used CV from annual GWLF TP loads |
| σ^2 | 0.31 | In (CV ² + 1) |
| MDL | 12.54 lbs/day | TMDL expressed as daily load |

Appendix H --- 2014 305(b) Water Quality Assessment

Segment Summary

Waterbody ID Code: IA 01-NEM-00160-L_0

Location: Scott County, S25,T78N,R2E, 1/4 mi W of Davenport.

Waterbody Type: Lake Segment Size: 56 Acres

This is a Significant Publically Owned Lake

Segment Classes:

Class B(LW) Class HH

Assessment Comments

Assessment is based on: (1) results of the statewide survey of Iowa lakes conducted from 2009-2012 by Iowa State University (ISU), (2) results of the statewide ambient lake monitoring program conducted in 2008 by University Hygienic Laboratory (UHL), (3) information from the IDNR Fisheries Bureau, (4) results of the IDNR-county voluntary beach monitoring program in 2010-2012, and (5) results of U.S. EPA/IDNR fish contaminant monitoring in 2009 and 2010.

Assessment Summary and Beneficial Use Support

Overall Use Support - Partial Assessment Type: Monitored Aquatic Life Support - Fully Integrated Report Category: 5a

Fish Consumption - Fully Trend: Stable

Primary Contact Recreation - Partial Trophic Level: Eutrophic

Basis for Assessment and Comments

SUMMARY: The Class A1 (primary contact recreation) uses are assessed (monitored) as "partially supported" due to aesthetically objectionable conditions caused by algal turbidity. Note: Class A1 uses were added to this lake in the March, 2006 Surface Water Classification. The Class B(LW) (aquatic life) uses are assessed (monitored) as "fully supported." The fish consumption uses are assessed (monitored) as "fully supported" based on results of fish contaminant monitoring in 2009 and 2010. Sources of data for this assessment include (1) results of the statewide survey of Iowa lakes conducted from 2009-2012 by Iowa State University (ISU), (2) results of the statewide ambient lake monitoring program conducted in 2008 by University Hygienic Laboratory (UHL), (3) information from the IDNR Fisheries Bureau, (4) results of the IDNR-county voluntary beach monitoring program in 2010-2012, and (5) results of U.S. EPA/IDNR fish contaminant monitoring in 2009 and 2010.

EXPLANATION: Results of IDNR city/county beach monitoring from 2010-2012 suggest that the Class A1 uses are "fully supported." Levels of indicator bacteria at West Lake beach were monitored once per week during the primary contact recreation seasons

(May through September) of 2010 (14 samples), 2011 (13 samples), and 2012 (14 samples) as part of the IDNR beach monitoring program. According to IDNR's assessment methodology two conditions need to be met for results of beach monitoring to indicate "full support" of the Class A1 (primary contact recreation) uses: (1) the geometric mean of the samples from each recreation season of the three-year assessment period are less than the state's geometric mean criterion of 126 E. coli orgs/100 ml and (2) not more than 10% of the samples during any one recreation season exceeds the state's single-sample maximum value of 235 E. coli orgs/100 ml. If a sampling season geometric mean exceeds the state criterion of 126 orgs/100 ml during the three-year assessment period, the Class A1 uses should be assessed as "not supported." Also, if significantly more than 10% of the samples in any one of the three recreation seasons exceed Iowa's single-sample maximum value of 235 E. coli orgs/100 ml, the Class A1 uses should be assessed as "partially supported." This assessment approach is based on U.S. EPA guidelines (see pgs 3-33 to 3-35 of U.S. EPA 1997b).

NOTE: Based on consultation with EPA Region 7 staff in 2011, IDNR's methodology for assessing impairments based on the geometric mean water quality criterion was changed. Prior to the 2012 listing cycle, IDNR calculated geometric means for lakes based on a 30-day periods within the recreational season. Any violation of one of these 30-day periods within 3 years resulted in an impairment of the Class A1 uses of that lake. Because water quality standards do not identify a 30 day period but instead a recreational season, Region 7 concurred that the approach used for rivers and streams with less frequent bacteria data (seasonal geometric means) would be appropriate for identifying §303(d) impairments at lake beaches. Thus, for the 2014 listing cycle, IDNR identified primary contact recreation impairments for lakes when the geometric mean of all samples from the recreation season of a given year exceeded the geometric mean criterion. This does not impact the way IDNR assesses beaches for closure to protect the recreating public in the short term.

At West Lake/Lake of the Hills beach, the geometric means from 2010-2012 were all below the Iowa water quality standard of 126 E. coli orgs/100 ml. The geometric mean was 17 E. coli orgs/100 ml in 2010, 12 E. coli orgs/100 ml in 2011, and 7 E. coli orgs/100 ml in 2012. The percentage of samples exceeding Iowa's single-sample maximum criterion (235 E. coli orgs/100 ml) was 0% in 2010, 0% in 2011 and 0% in 2012. None of these are significantly greater than 10% of the samples and therefore do not suggest impairment of the Class A1 uses. According to IDNR's assessment methodology and U.S. EPA guidelines, these results suggest "full support" of the Class A1 (primary contact recreation) uses.

Based on information from the ISU lake survey and UHL lake monitoring program the Class A1 uses at Lake of the Hills should be assessed as "partially supported" due to aesthetically objectionable conditions caused by algae. Using the median values from these surveys from 2008-2012(approximately 17 samples), Carlson's (1977) trophic state indices for Secchi depth, chlorophyll a, and total phosphorus were 67, 66, and 67 respectively for Lake of the Hills. According to Carlson (1977) the Secchi depth, chlorophyll a, and total phosphorus values all place Lake of the Hills in between the eutrophic and the hypereutrophic categories. These values suggest high levels of

chlorophyll a and suspended algae in the water, moderately poor water transparency, and high levels of phosphorus in the water column.

Based on data from the ISU and UHL lake surveys, the level of inorganic suspended solids was moderately high at this lake and does not suggest impairment due to non-algal turbidity. The median inorganic suspended solids concentration at Lake of the Hills was 2.7 mg/L, and ranked 49th of the 134 monitored lakes.

Data from the 2008-2012 ISU and UHL surveys suggest a relatively small population of cyanobacteria exists at Lake of the Hills, which does not cause an impairment due to nuisance aquatic life at this lake. These data show that cyanobacteria comprised 73% of the phytoplankton wet mass at this lake. The median cyanobacteria wet mass (25.8 mg/L) and ranked 89th of the 134 lakes sampled.

The Class B(LW) (aquatic life) uses are assessed (monitored) as "fully supported." Information from the IDNR Fisheries Bureau, however, suggests that nutrient inputs, algae blooms, and the impacts of common carp and gizzard shad are concerns at this lake. Based on data from the ISU and UHL lake surveys from 2008-2012, there were no violations of the Class B(LW) criterion for ammonia in 17 samples, no violations of the Class B(LW) criterion for dissolved oxygen in 17 samples, and no violations of the Class A1,B(LW) criterion for pH in 17 samples. Based on IDNR's assessment methodology these results suggest "full support" of the Class B(LW) uses.

Fish consumption uses were assessed (monitored) as "fully supported" based on results of U.S. EPA/IDNR fish contaminant (RAFT) monitoring at Lake of the Hills in 2009 and 2010. Levels of primary contaminants in the composite sample of channel catfish fillets were as follows: mercury: 0.0701 ppm; total PCBs: 0.09 ppm; and technical chlordane: < 0.03 ppm. The mercury level detected in 2012 monitoring for snapping turtle was 0.0681 ppm. These results are all below the fish consumption advisory trigger levels. The level of mercury in the composite sample of largemouth bass fillets was 0.342 ppm. This is above the advisory trigger level (0.30 ppm) for mercury. Based on the IDPH/IDNR methodology two consecutive samples above the advisory trigger level are necessary to suggest the issuance of a fish consumption advisory. Follow-up sampling was conducted in 2010. The level of mercury in the composite sample of largemouth bass fillets was 0.252 ppm, which is below the advisory trigger level. Therefore a fish consumption advisory is not justified at this lake. The existence of, or potential for, a fish consumption advisory is the basis for Section 305(b) assessments of the degree to which Iowa's lakes and rivers support their fish consumption uses. The fish contaminant data generated from the 2010 RAFT sampling conducted at this lake show that the levels of contaminants do not exceed any of the advisory trigger levels, thus indicating no justification for issuance of a consumption advisory for this waterbody. The high levels of mercury in 2009, however, do suggest the need for additional follow-up monitoring at this lake.

Monitoring and Methods

• Assessment Key Dates

| 5/19/2008 | Fixed Monitoring Start Date |
|-----------|-----------------------------|
| 9/24/2009 | Fish Tissue Monitoring |
| 9/28/2010 | Fish Tissue Monitoring |
| 9/18/2012 | Fixed Monitoring End Date |

Methods

- Surveys of fish and game biologists/other professionals
- Non-fixed-station monitoring (conventional during key seasons and flows)
- Primary producer surveys (phytoplankton/periphyton/macrophyton)
- Water column surveys (e.g. fecal coliform)
- Fish tissue analysis

Appendix I --- DNR Project Files and Locations

This appendix is primarily for future reference by DNR staff that may wish to access the original spreadsheets, models, maps, figures, and other files utilized in the development of the TMDL.

| Directory\folder path | File name | Description |
|---------------------------------|---|--|
| W:\\Data\Raw\ | Various files | All raw data received from others |
| W:\\Data\Reduced\ | Water_Quality_Data.xls | Summary of in-lake WQ data |
| W:\\Data\Reduced\Climate | Climate_Precip_ET.xls | Summary of precipitation and PET data |
| W:\\Documents\Draft_TMDL | Draft TMDL reports | Includes review comments |
| W:\\Documents\Final_TMDL | Final report | |
| W:\\Documents\References | Various .pdf and .doc files | References cited in the WQIP and/or utilized to develop model input parameters |
| W:\\GIS\GIS_Data | Various shapefiles (.shp) and raster files (.grd) | Used to develop models and maps |
| W:\\GIS\Projects | ArcGIS project files | Used to develop models and maps |
| | | |
| W:\\Maps, Figures, Images\Maps | Various .pdf and .jpg files | Maps/figures used in the WQIP document |
| W:\\Modeling | Allocations_Final.xls | Used to develop phosphorus source inventory and potential load allocation scenario |
| | TMDL_Equation_Calcs.xls | Used to develop the TMDL equation (LA, WLA, and MOS) |
| | TMDL_Target_BATHTUB | Load response curve calcs |
| W:\\Modeling\STEPL | Stepl_Lothxls | Used to simulated/predict existing watershed loads |
| | Various .xls files | Used to develop/calculate STEPL model inputs |
| W:\\Modeling\BATHTUB\InputFiles | LotH_Conversion_ASF.xls | Calculated/converted STEPL |
| | BATHTUB _2008-2012.xls | outputs to BATHTUB inputs for existing conditions |
| | Various .btb files | BATHTUB input files for various scenarios |
| | | |

Appendix J --- Public Comments

Public Comment:

All public comments received during the public comment period will be placed in this section, along with Iowa DNR responses.